

other programs, services & providers



With a healthy, aging population we find ourselves facing obstacles, challenges and opportunities that previous generations didn't face. The entities below offer a wide-reaching menu of programs and services designed to address this aging population's specific needs. Whether you're a baby boomer, 60+, part of the sandwich generation or a professional caregiver, you're bound to benefit from the services of the providers below.



Missouri Listings

4-Sixty & Beyond

Phone: 314-395-7404

P.O. Box 1742, Maryland Heights, MO 63043

Email: karen@4-sixty-n-beyond.com

Website: www.4-sixty-n-beyond.com

Counties Served: St. Charles, St. Louis, St. Louis City, St. Clair

Description: 4-Sixty & Beyond is a Personal Shopping and Delivery Services for Seniors. Our "ONE CALL SHOPS FOR ALL" service is convenient, affordable, and reliable. Let us do the shopping when you can't so that you spend time on what matters. 4-Sixty & Beyond will order, purchase and deliver your items right to your front door.

50PlusStLouis.com / PrimeLife Media

Phone: 314-846-3456 **Fax:** 314-846-1672

7302 Summerview Manor, St. Louis, MO 63129

Email: russh@50PlusStLouis.com

Website: www.50PlusStLouis.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: Your Online Resource for Active Living. We're a common-sense resource for baby boomers and seniors in the metro St. Louis area. You'll find news and articles, resource links and a calendar of activities and events to help keep you informed and active.

A Companion Network, LLC

Phone: 314-983-0075 **Fax:** 314-569-0567

11820 Featherwood Drive, St. Louis, MO 63146

Website: www.acompanionnetwork.com

A M Healthcare Enterprises, LTD

Phone: 314-831-6400 **Fax:** 314-831-7033

3837 Vaile Ave., Florissant MO 63034

Email: ahealthcare@aol.com

Website: www.amhealthcareenterprises.com

A+ Aging Advantage

Phone: 314-761-9157 **Fax:** 636-825-2110

9051 Watson Rd. #331, St. Louis, MO 63126

Email: diane@aplusaging.com

Website: www.aplusaging.com

Description: Professional Geriatric Care Manager assesses client physically, cognitively, psychosocially, legally & financially. Accompanies client to doctor appts.; advocates for client in hospital. Assists client in aging successfully wherever they want to age. See www.aplusaging.com for more information.

AARP

Phone: 636-677-0801

(State Coordinator, Quentin Ruchte)

Fax: 636-677-0801

1611 Creighton Wood Ct., High Ridge, MO 63049

Website: www.aarp.org/drive

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: The AARP Driver Safety Program sponsors eight-hour classroom refresher courses, normally taught over a two-day period, designed especially for motorists age 50 & older. It covers normal changes in vision, hearing and reaction time, and provides practical techniques to compensate for these changes.

AARP Foundation

Phone: 314-830-3600 **Fax:** 314-830-3674

11681 W. Florissant, St. Louis, MO 63033

Email: stlcountyaarp@sbcglobal.net

Website: www.aarp.org

Counties Served: St. Louis, St. Louis City, Madison, St. Clair

Description: Employment training and assistance for those 55 and older who qualify. Free on-line assistance through WorkSearch for those over 50.

Advisors Resource Network

Phone: 636-926-8407 **Fax:** 636-447-2213

P. O. Box 147, St. Peters, MO 63376

Email: amw@arn-us.com

Website: www.arn-us.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: Sometimes you don't know what you don't know and are unaware of the questions you should ask. Advisors Resource Network offers a fee-based service that provides a broad overview of senior planning and eldercare options + optional support, monitoring, follow-up for our clients and their families. Specialty: Financial Care Planning

OTHER PROGRAMS, SERVICES & PROVIDERS - Missouri

Alexian Brothers PACE Program

Phone: 314-771-5800 **Fax:** 314-771-7830

3900 South Grand, St. Louis, MO 63118

Email: rboerner@alexianbrothers.net

Website: www.alexianbrothers.net

Counties Served: St. Louis, St. Louis City

Description: *The Program of All-inclusive Care for the Elderly (PACE) provides medical, social and other healthcare services for frail elderly adults who want to live safely in their St. Louis City or St. Louis County homes avoiding nursing home placement. PACE accepts Medicare, MO Healthnet and private pay.*

All About Travel

Phone: 314-576-6443

St. Louis, MO 63141

Email: iamjrs@swbell.net **Website:** under construction

Counties Served: St. Charles, St. Louis, St. Louis City

Description: *All About Travel specializes in group motorcoach trips . . . belong to an organization and would like to customize a trip? How about multi-generational cruises or trips? Ask about how you may travel FREE for organizing a group trip. Senior groups our specialty. Call for personal attention and quotes. Individual travellers welcome!*

All Family Care

Phone: 314-544-1515 **Fax:** 314-333-4189

9903 Gravois Road, St. Louis, MO 63123

Email: Gary@allfamilyhomecare.com

Website: www.allfamilyhomecare.com

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City

Description: *One Call Does It All! From home care, to personal care, to yard work, companionship, and even free referral services! Give us a call today! See what All Family Care can do for you and your family!*

Alzheimer's Association, St. Louis Chapter

Phone: 314-432-3422 **Fax:** 314-432-3824

9370 Olive Blvd., St. Louis, MO 63132

Website: www.alzstl.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Clinton, Madison, Monroe, Randolph, St. Clair

Description: *The St. Louis Chapter provides 24-hour Helpline, care consultations, education classes for families and professionals, support groups, MedicAlert®+SafeReturn®, and advocacy. We serve 38 counties in Missouri and Illinois. We are the oldest, most trusted resource for Alzheimer's disease and dementia.*

American Parkinson Disease Association

Phone: 314-362-3299 **Fax:** 314-747-1601

Campus Box 8111, 660 S. Euclid Ave., St. Louis, MO 63110

Email: guyerd@neuro.wustl.edu

Website: www.stlapda.org

Description: *Provides funding for research and free patient services which includes respite care, daycare, lifeline, exercise classes, support groups, public lectures, newsletter, printed literature, wellness classes, social events, and seminars. Physician and community referrals.*

Area Agencies on Aging (AAAs)

Phone: Differs depending on areas of the state, see website.

Website: www.moaging.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: *The Missouri AAA's provide congregated and home-delivered meals to qualified elderly throughout the state as well as other services and assistance. The state is divided into 10 service areas. Check the website moaging.com/Index.asp to determine which AAA serves your county.*

Arthritis Foundation - Eastern Missouri

Phone: 314-991-9333, Ext. 1307 **Fax:** 314-991-4020

9433 Olive Blvd., Suite 100, St. Louis, MO 63132

Email: kshoulders@arthritis.org

Website: www.arthritis.org/chapters/eastern-missouri/

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Madison, Monroe, St. Clair

Description: *The Arthritis Foundation provides information & referral, education, literature, exercise and advocacy programs for children and adults with arthritis and related diseases and their families.*

Assisting Needy Seniors with Equipment Recycled by St. Louisans (A.N.S.W.E.R.S.)

Phone: 314-913-4142

P. O. Box 270013, St. Louis, MO 63127

Email: aging@consultant.com

Counties Served: St. Louis, St. Louis City

Description: *We provide in-home evaluations for seniors who want to remain at home. We offer medical and other equipment at no or low charge to the elderly.*

Bank of America Reverse Mortgage

Phone: 636-728-5007 **Fax:** 636-728-1926

2 THF Blvd., Chesterfield, MO 63005

Email: gail.hawkins@bankofamerica.com

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City

Description: *Reverse mortgage solutions for homeowners 62+ with no income or credit score requirement. Use money any way needed and it is non-taxable.*

Bethesda Senior Therapy Center

Phone: 314-218-2610 **Fax:** 314-218-2611

8175 Big Bend Boulevard, St. Louis, MO 63119

Email: bjrose@rehabcare.org

Website: www.bethesdahealth.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: *The experienced therapists at the Bethesda Senior Therapy Center, centrally located in the Old Orchard section of Webster Groves, will work with you and your loved ones to receive the outpatient therapy treatment that will help you return to your desired quality of life. Please contact us to learn more about our services and how we can help you and your loved ones.*

Blanche M. Touhill Performing Arts Center

Phone: 314-516-4949

One University Blvd., St. Louis, MO 63121

Email: ticket@umsl.edu **Website:** www.touhill.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis,

OTHER PROGRAMS, SERVICES & PROVIDERS - Missouri

St. Louis City, Washington, Bond, Clinton, Madison, Monroe, Randolph, St. Clair

Description: *St. Louis' premier performing arts center, the Touhill provides opportunities for the people of our region to experience the transformational power of the performing arts. From opera, to comedy and jazz to dance, the Touhill has it all!*

Cardinal Ritter Senior Services Grandparents Acting as Parents

Phone: 314-961-8000, Ext. 242

7601 Watson Road, St. Louis, MO 63119

Website: www.ccstl.org/crss

Counties Served: St. Louis, St. Louis City

Description: *Assistance to Grandparents caring for younger children. Information will be provided on The State of Mo. Kinship Care Programs, Support Groups, Legal Services, Community Resources, Public Assistance and Community Education Seminars.*

Caring Transitions St Louis

Phone: 314-962-4200

2850 Lawndell Drive, St. Louis, MO 63144

Email: info@ctstlouis.com **Website:** www.ctstlouis.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *Caring Transitions St Louis is a Senior Moving, Relocation, Downsizing and Estate Sale Service serving Metro St Louis regionally and Southwestern Illinois. Talk with us about Selling the Real Estate too.*

Center for Hearing & Speech

Phone: 314-968-4710 **Fax:** 314-968-4762

9835 Manchester Rd., St. Louis, MO 63119

Email: info@chsstl.org

Website: www.hearing-speechstlouis.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *The Center for Hearing & Speech is a non-profit organization offering audiology and speech/language services*

to individuals whether or not they have the resources to afford services. Fees are based on ability to pay with financial assistance available. Audiology services include hearing evaluations, hearing aids, and hearing aid repairs.

Christian Hospital Diabetes Institute

Phone: 314-653-4545 **Fax:** 314-653-4525

11155 Dunn Road, St. Louis, MO 63136

Website: www.diabetesbusters.com

Counties Served: St. Louis

Description: *Diabetic education.*

City of St. Louis - Citizens' Service Bureau

Phone: 314-622-4800 **Fax:** 314-622-4310

1200 Market Street - City Hall, Room 234, St. Louis, MO 63103

Email: csb@stlouiscity.com

Website: www.stlouis.missouri.org

Counties Served: St. Louis City

Description: *Citizens don't have to decide which city department to call for various city services, they can call the Citizens' Service Bureau (CSB) for all requests within the City of St. Louis. The CSB will ensure that the request is routed to the correct city department. Examples of services for which we take requests: health inspections, building inspections, stray animals, potholes, missed trash collection, street lighting repair, graffiti removal, etc. Requests can be made by phone or on-line via our website.*

Deer Creek - Missouri Career Center

Phone: 314-877-0001 **Fax:** 314-877-0022

3256 Laclede Station Road, Suite 103, Maplewood, MO 63143

Email: frank.alaniz@ded.mo.gov

Website: www.MissouriCareerSource.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington

Description: *Missouri Career Centers house trained, friendly workforce specialists that provide valuable career assistance and business services at no charge!*

DH Services, LLC

Phone: 314-966-3032 **Fax:** 314-966-3080

1033 Huthmaker Ave., St. Louis, MO 63122

Email: dhservices@charter.net **Website:** www.dhsvc.com

Counties Served: St. Charles, St. Louis, St. Louis City



WorkSearch

The WorkSearch program helps mature job seekers obtain the skills and work experience they need to find employment.

ST. LOUIS CITY

5535 Delmar Blvd., Rm. W-102

St. Louis, MO 63112

314-367-6777

scstlouis@sbcglobal.net

ST. LOUIS COUNTY

11681 W. Florissant

Florissant, MO 63033

314-830-3600

stlcountyaarp@sbcglobal.net

ST. LOUIS METRO-EAST

Madison Cty. **618-876-5258**

St. Clair Cty. **618-397-5445**

scwoodriver@sbcglobal.net

OTHER PROGRAMS, SERVICES & PROVIDERS - Missouri

Description: *Personal business concierge service for individuals needing help managing a family member's or their own daily monetary affairs.*

Driving Rehabilitation Services, LLC

Phone: 636-220-6334 **Fax:** 636-220-6332

660 N. New Ballas Road, St. Louis, MO 63141

Email: driver.rehab@yahoo.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *Driving Rehabilitation Services provides clinical driving assessments, behind-the-wheel evaluation and training services to patients with various medical conditions upon referral from their physician. The focus is to help patients achieve their driving goals by evaluating driving skills, identifying safety concerns, determining driving potential and providing recommendations to the patient and physician. At-home evaluations are available.*

Dutchtown South Community Corporation

Phone: 314-352-4865 **Fax:** 314-352-9806

4204 Virginia Ave., St. Louis, MO 63111

Email: dscc@dutchtownsouth.org

Website: www.dutchtownsouth.org

Counties Served: St. Louis City

Description: *Emergency Home Repair Grant Program, Free Renter Education Packet, Social Service Referrals, Community Resource Information & Referrals*

Emmaus Homes

Phone: 636-534-5200 **Fax:** 636-947-1336

2200 Randolph St., St. Charles, MO 63301

Email: benzp@emmaushomes.org

Website: www.emmaushomes.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis

Description: *Emmaus is a faith-based organization serving adults with developmental disabilities with dignity and respect by providing compassionate, person-centered care with an emphasis on safety, health and happiness.*

Emmaus provides a variety of residential options and is dedicated to providing accessible housing and appropriate care throughout clients' lives.

ER-IDcard

Phone: 636-248-0597 **Fax:** 636-828-4591

P.O. Box 83, New Melle, MO 63365

Email: rworkman@er-idcard.com

Website: www.er-idcard.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *Our Personal Health Record (PHR) service helps you organize, document and communicate medical information to healthcare providers. You have the ability to access your records whenever you need them. We help caregivers provide better care by reducing treatment delays, eliminating confusion about medications or prior testing and save you money.*

Fabulous Fox Theatre

Phone: 314-534-1678

527 N Grand Blvd, St. Louis, MO 63103

Website: www.fabulousfox.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *The Fabulous Fox prides itself on providing St. Louis audiences with the best of everything and something for everyone!*

Fetch! Pet Care Metro St. Louis

Phone: 314-550-1393

76 Webster Woods Dr., St. Louis, MO 63119

Email: stlfetch@yahoo.com

Website: www.stlfetchpetcare.com

Counties Served: St. Louis, St. Louis City

Description: *If you are looking for a professional and caring pet sitter or dog walker, then look no further. We provide a variety of attentive services for any pet, including dog walks, private boarding, and in-home overnight sitting.*

Food Outreach

Phone: 314-652-3663 x121 **Fax:** 314-652-3673

3117 Olive Street, St. Louis, MO 63103

Email: karin@foodoutreach.org

Website: www.foodoutreach.org

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City, Madison, St. Clair

Description: *Food Outreach provides nutritional support to low income men, women and children undergoing treatment for Cancer or HIV/AIDS. Services include healthy prepared meals, groceries, nutrition counseling, home meal delivery (on a case by case basis), and a congregate Monday lunch.*

Gateway Grandparents/Kinship Network

Phone: 314-615-2911 **Fax:** 314-615-8147

121 S. Meramec, suite 501, Clayton, MO 63105

Email: reinsche@missouri.edu

Website: www.extension.missouri.edu/ecregion/grandparent

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: *GG/KN enhances the lives of grandparents/relative caregivers in the St. Louis metropolitan area by providing education on issues, links to services and facilitate networking among service providers and relatives as parents.*

Gerontology Programs at the University of Missouri - St. Louis

Phone: 314-516-5280 **Fax:** 314-516-5210

406 Tower Building; One University Blvd., St. Louis, MO 63121

Website: www.umsl.edu/divisions/graduate gerontology

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *UM - St. Louis offers a Master of Science degree in Gerontology, a Graduate Certificate in Gerontology, a Graduate Certificate in Long Term Care Administration, a Master of Social Work degree with a Gerontology concentration, and an Undergraduate Certificate in Gerontology. Contact the Gerontology Program for more information.*

OTHER PROGRAMS, SERVICES & PROVIDERS - Missouri

GO! St. Louis

Phone: 314-727-0800 **Fax:** 314-727-0893

214 S. Bemiston, #2N, Clayton, MO 63105

Website: www.gostlouis.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *GO! St. Louis has fitness events for all ages and abilities. The Mature Mile challenges people 60 years of age and older to train for and walk one mile in St. Louis' beautiful Forest Park on Saturday, April 5, 2008. T-shirts, awards and refreshments are presented to all participants at the conclusion of the Mature Mile.*

Have Scissors Will Travel

Phone: 314-843-3964

10532 Liberty Trail West, St. Louis, MO 63128

Email: basketsbydenise@aol.com **Counties Served:** St. Louis, St. Louis City

Description: *Our service comes to wherever the client is, because sometimes you may be unable to get to a salon. Whether hospital, nursing home, group home or your home, our service is to help clients have necessary grooming, hair cutting, washing, etc., to look and feel better.*

HbL PharmaConsulting

Phone: 314-994-9409 **Fax:** 314-994-9409

9648 Olive Blvd., #309, St. Louis, MO 63132

Email: HBL@hblpharm.com **Website:** www.hblpharm.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: *HbL PharmaConsulting is a unique pharmacist-based service for patients who take multiple medications, see more than one physician, or have questions about their drug therapy. A certified geriatric pharmacist provides individual medication reviews that address patient education, safety, and cost issues. Each client receives a written summary of recommendations.*

Healthy Communities St. Charles County - Senior Services Task Force

Phone: 636-410-0383 **Fax:** 636-410-0384

P.O. Box 40, St. Charles, MO 63302

Website: www.hcsc.org **Counties Served:** St. Charles

Description: *Senior Services, a task force of Healthy Communities St. Charles County, is a volunteer coalition working to enhance the quality of life for seniors in St. Charles County by identifying available resources and filling services gaps through community collaboration. Senior Services meets the 4th Tuesday of every month from 11:30 am - 12:30 pm at Lindell Bank, 5500 Mexico Rd., St. Peters, MO.*

Healthy-Steps for Seniors

Phone: 314-607-4846

599 Fieldstone, Ballwin, MO 63011

Email: mgstahl@sbcglobal.net **Website:** www.lebedmethod.com

Counties Served: St. Charles, St. Louis, St. Louis City

Description: *Healthy-Steps is a gentle, medically based dance and exercise program that improves balance and flexibility as well as range of motion. The program can be done standing or sitting allowing Seniors at all levels of function to participate. It is FUN! Contact me if you would like more information or a demo class at your facility or center.*

Home Instead Senior Care

Phone: 314-862-4663 **Fax:** 314-446-0694

8147 Delmar, #215, St. Louis, MO 63130

Email: bgriffith@homeinsteadcare.com **Website:** www.homeinsteadcare.com

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City

Description: *Home Instead's St. Louis Senior Bridge and Wii Bowling Leagues provide a wonderful activity for area seniors. Leagues are forming now, call 314-862-4663 for locations, dates and times. Excellent mental and physical therapy!*

Life Memories Renewed

*Helping to unlock memories
by "turning back time"
the fun way!*

**LIFE MEMORIES RENEWED
CAN PROVIDE:**

- Historical programs and vintage exhibits that entertain and educate
- Displays of vintage memorabilia that stimulate pleasant conversations
- Vintage reminiscence activity kits that are person-centered and relieve boredom by eliciting fond memories of the past

Contact Karen Bono at

314-368-7969 or

www.lifememoriesrenewed.com

memorykits@lifememoriesrenewed.com

for more information.

**55 OR OLDER?
NEED HELP
FINDING A JOB?**



**Call 1-888-651-4177
to find out how you
can get **FREE** training
and employment
services.**

OTHER PROGRAMS, SERVICES & PROVIDERS - Missouri

Home Sweet Home

Phone: 636-288-2431 **Fax:** 636-549-3135

507 Meramec View #500, Eureka, MO 63025

Email: jemi@itstheonlywaytomove.com

Website: www.itstheonlywaytomove.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: Home Sweet Home assists seniors with downsizing, organizing, moving and decoration. Our full service moves allows you to take the day off and at the end of the day we welcome you into your new picture perfect home.

Judy Koehler, MA, PLPC

Phone: 314-832-6530 **Fax:** 314 832-6530

The Marriage & Family Institute, 225 S. Meramec Ave., Suite 404, St. Louis, MO 63105

Email: judykoehler@sbcglobal.net

Website: www.JudyKoehlerTherapist.com

Counties Served: St. Louis, St. Louis City

Description: Psychotherapeutic services for older adults and caregivers. Individual sessions and caregiver workshops offered.

Kingdom House Senior Companion Program

Phone: 314-421-0400 **Fax:** 314-241-2366

1321 S. 11th Street, St. Louis, MO 63104

Email: tsanders@kingdomhouse.org

Website: www.kingdomhouse.org

Counties Served: St. Louis, St. Louis City

Description: Kingdom House is a social service agency located on the near Southside of St. Louis. Provides social and community services for families and individuals. Kingdom House is sponsored by the United Methodist Church and is a United Way agency.

Kriegshauser Brothers Funeral Service, Inc.

Phone: 314-962-0601 **Fax:** 314-962-3765

2556 South Brentwood Boulevard, St. Louis, MO 63144-2309

Email: info@k-brothers.com **Website:** www.k-brothers.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: The Alternative to Overpriced Funeral Homes. We specialize in serving families that are not using a funeral home as a gathering place for a funeral, memorial or cremation service. Our low overhead approach allows families to save from 25-45% compared to the typical neighborhood funeral home, or \$1,000-\$4,000.

Life Memories Renewed

Phone: 314-368-7969 **Fax:** 801-912-7662

P.O. Box 181, Chesterfield, MO 63017

Email: memorykits@lifememoriesrenewed.com

Website: www.lifememoriesrenewed.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Madison, St. Clair

Description: Life Memories Renewed provides reminiscing "edutainment" programs and vintage memorabilia that elicit fond memories of the past for residents of retirement communities and members of social groups and clubs. Other services include facilitating small group/individual reminiscing hours, turn-key vintage displays, and reminiscing activity kits.

LIFELINE - SSM St. Mary's Health Center

Phone: 314-768-8764 **Fax:** 314-951-7297

6420 Clayton Road, St. Louis, MO 63117

Email: Vicky_Hohl@ssmhc.com

Website: www.stmarys-stlouis.com

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City, Madison, Monroe, St. Clair

Description: Our 24 hour Lifeline Service allows a subscriber to summon help quickly (relative, neighbor or EMS) with the push of a waterproof button (pendant, wristband or watch). All calls answered by fully trained, certified monitors. St. Mary's personalized Lifeline program has it's own dedicated installer and offers month-to-month leasing requiring no long term commitment.

Lifeline Associated with BJC Home Care Services

Phone: 314-953-1712

9890 Clayton Rd., St. Louis, MO 63124

Website: www.bjchomecare.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Madison, Monroe, St. Clair

Description: Lifeline associated with BJC Home Care Services is pleased to provide members of this region's senior community with America's most trusted medical alert service. For more than 30 years, Lifeline has enabled millions of people to live with greater independence, peace of mind and dignity in the place they feel most comfortable-their own homes.

Lindenwood Area Senior Ministry

Phone: 314-647-4591 **Fax:** 314-647-4569

6401 Scanlan, St. Louis, MO 63139

Email: eroscano@gmail.com

Counties Served: St. Louis City

Description: Lindenwood Area Senior Ministry is a partnership of five religious organizations in the Lindenwood Park Neighborhood, providing a variety of support services for senior adults in the member organizations or in the surrounding neighborhoods. We provide meaningful volunteer experiences, services, and programs that promote physical, mental, emotional, and spiritual health and safety.

Lindenwood University - Gerontology Program

Phone: 636-949-4522 **Fax:** 636-949-4505

209 S. Kingshighway, St. Charles, MO 63303

Email: cmanjounes@lindenwood.edu

Website: www.lindenwood.edu

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: Institution of high learning. Degree programs, including gerontology, available in traditional and accelerated formats. Concerts, theatre, art displays, lectures and sports events available to the public.

Lutheran Senior Services Volunteer Money Management

Phone: 314-446-2474 **Fax:** 314-446-2520

1150 Hanley Industrial Ct., St. Louis, MO 63144

Email: inhome@lssmo.org **Website:** www.lssliving.org

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City

OTHER PROGRAMS, SERVICES & PROVIDERS - Missouri

Description: Knowing that your bills are paid and that the checkbook is balanced gives many people peace of mind. Volunteer Money Management can help link you with a volunteer who can help you with your day-to-day financial tasks.

Memory Practice (The)

Phone: 314-726-5105 **Fax:** 314-726-5105

7423 Tulane, St. Louis, MO 63130

Email: thememorypractice@yahoo.com

Website: www.thememorypractice.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: Stay sharp: Use our paper-and-pencil brain games to exercise your brain! To boost and maintain your memory, attention, verbal and reasoning skills, we will mail you stimulating and fun games every month. (Programs for your loved one suffering from early cognitive decline are also available).

Mercy Health Plans

Phone: 314-214-8284 **Fax:** 314-214-8002

14528 S. Outer Forty Rd., Suite 300, Chesterfield, MO 63017

Website: www.mercyhealthplans.com

Description: Mercy Health Plans provides health care coverage through our Medicare Advantage plans to people who are enrolled in Medicare Part A & B. We offer comprehensive preventive care; prescription drug coverage and local customer service. Our focus is on keeping you healthy.

MERS Missouri Goodwill

Phone: 314-241-3464

1727 Locust Street, St. Louis, MO 63103

Website: www.mersgoodwill.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: Employment and training services are provided for persons with barriers to employment, allowing individuals to work and live more independently in the community. MERS Goodwill administers the Title V – Senior Community Service Employment Program, has vocational rehabilitation contracts

with the Veterans Administration and the Missouri Division of Vocational Rehabilitation, and manages a sheltered employment program. People age 55+ seeking training and employment services should call 1-888-651-4177.

Move Facilitations, LLC (St. Louis Move Helpers)

Phone: 314-822-3447

P.O. Box 31803, St. Louis, MO 63131

Email: marsha@stlmovehelpers.com

Website: www.stlmovehelpers.com

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City

Description: Moving and downsizing assistance specializing in the needs of older adults. Moving and lifestyle changes are very stressful. Don't go it alone. Let us help you with move planning, sorting, deciding what to take, how to dispose of what's left, packing, unpacking and everything before and after! Let us take on the stress. Bonded and insured. Member of National Association of Senior Move Managers.

National Council on Alcoholism and Drug Abuse-St. Louis Area

Phone: 314-962-3456 **Fax:** 314-968-7394

8790 Manchester Rd., St. Louis, MO 63144

Email: ncada@ncada-stl.org **Website:** www.ncada-stl.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Clinton, Madison, Monroe, Randolph, St. Clair

Description: National Council on Alcoholism and Drug Abuse-St. Louis Area is a private, non-profit community health agency, providing the metropolitan area with information and resources on issues pertaining to substance use, abuse and addiction through education, prevention, intervention and referral services.

OASIS, St. Louis Regional

Phone: 314-539-4555 **Fax:** 314-539-4559

50 Gay Avenue, 2nd Floor, St. Louis, MO 63105

Email: msullivan@oasisnet.org

Website: www.oasisnet.org/stlouis

Counties Served: St. Charles, St. Louis, St. Louis City

Description: OASIS is a national organization dedicated to enriching the lives of adults age 50 plus. Through learning and service opportunities, OASIS brings people together to



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OTHER PROGRAMS, SERVICES & PROVIDERS - Missouri

discover more in life, to develop their talents, and to connect with others. Programs are offered in the arts, humanities, science, wellness, technology and volunteer service.

Old Lesbians Organizing for Change

Phone: 314-962-2188

8914 Litzsinger, St. Louis, MO 63144

Email: cellis@oloc.org **Website:** www.oloc.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *We are an organization for lesbians 60 and over. We have a local chapter which is part of a national organization. We are working to confront ageism and provide a network for older lesbians.*

One Fine Storyteller, LLC

Phone: 314-997-3474

PO Box 8414, St. Louis, MO 63132

Email: rosemary@onefinestoryteller.com

Website: www.onefinestoryteller.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: *Storytelling programs with optional sing-a-long with acoustic guitar. Story repertoire includes humor tales, adventure tales, riddles, world-class folktales, year-round holiday tales.*

Organized Solutions

Phone: 314-439-0518 or 800-349-8993 **Fax:** 314-439-0539
224 Bryn Wyck, St. Louis, MO 63141

Email: hwolkowitz@organizedsolutionsllc.com

Website: www.organizedsolutionsllc.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *Support products that aid seniors in daily living. Keep Tabs On Caregiving is a healthcare organizer and caregiving guide that stores vital personal information and helps families make timely informed healthcare decisions. Remind & Find is a set of labels with picture/words that help people with memory loss find commonly used household items.*

OWL - Midwest Midlife & Older Women's League

Phone: 314-725-5862 **Fax:** 314-645-3510

7514 Big Bend, St. Louis, MO 63119

Email: owlstlouis@sbcglobal.net

Website: www.owlstlouis.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Madison, Monroe, St. Clair

Description: *OWL is dedicated to improving the status and quality of life of midlife & older women through education and advocacy.*

Pain Management Services

Phone: 314-821-8644 **Fax:** 314-821-4858

901 Patients First Drive, Washington, MO 63090

Email: cdugan@waaai.net

Counties Served: Franklin, Jefferson, St. Charles, St. Louis

Phone: 636-442-5070 **Fax:** 636-442-5071

5401 Veterans Memorial Parkway, Ste 102,
St. Peters, MO 63376

Counties Served: Jefferson, St. Charles, St. Louis

Phone: 314-821-8644 **Fax:** 314-821-4858

1070 Old Des Peres Road, Des Peres, MO 63131

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, St. Clair

Phone: 314-729-7100 **Fax:** 314-849-5797

10012 Kennerly Rd., Ste 404, St. Louis, MO 63128

Counties Served: Jefferson, St. Louis

Phone: 636-777-4315 **Fax:** 636-777-4316

1700 Baxter Road, Ste 200, Chesterfield, MO 63005

Website: PainManagementServices.net

Counties Served: Franklin, Jefferson, St. Charles, St. Louis

Description: *Pain Management Services is a division of Western Anesthesiology Associates. Each one of our pain physicians is board-certified in anesthesiology and holds a sub-specialty in pain management. We are a full-service pain management group who conservatively and compassionately treats our patients who are suffering with all types of chronic pain including head, neck, back and cancer pain.*

Philips Lifeline

Phone: 1-800-451-0525, Ext. 1133 **Fax:** 636-728-1043

16002 Meadow Oak Drive, Chesterfield, MO 63017

Email: Laura.Stehle@Philips.com

Website: www.Lifelinesys.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *Philips Lifeline, the #1 medical alarm service, provides access to help 24 hours a day. Trusted by Doctors, Hospitals and Professional Caregivers. The Personal Help Button connects you to a trained Response Associates 24 hrs a day. Philips Lifeline also provides Medication Dispensers, Inactivity Alarms, Advance Directive Service, Reminders and other innovations to keep you safe at home.*

Plus 50 Initiative-St. Louis Community College-Continuing Education

Phone: 314-984-7842 **Fax:** 314-984-7960

11333 Big Bend Road, St. Louis, MO 63122-5720

Email: hellison@stlcc.edu

Website: www.stlcc.edu/Continuing_Education/

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: *The Plus 50 Initiative provides transitional services to those considering retirement or an encore career path. Educational programs offered each semester to meet community needs and interests.*

PrimeLife Media, Inc.

Phone: 314-842-6002 **Fax:** 314-842-6008

11431 Gravois Road, Suite 11, St. Louis, MO 63126

Email: dawns@primelifecircuit.com

Website: www.primelifecircuit.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

OTHER PROGRAMS, SERVICES & PROVIDERS - Missouri

Description: PrimeLife Circuit, News For People Fifty and Better. Available at over 500 locations in the Metro Area including (starting August 2009) all Metro Area Walgreen's locations. Your monthly resource for Healthy Aging.

Saint Louis Effort for AIDS

Phone: 314-645-6451 **Fax:** 314-244-3007

1027 S. Vandeventer Ste. 700, St. Louis, MO 63110

Email: coliver@stlefa.org **Website:** www.stlefa.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: The mission of Saint Louis Effort for AIDS is to provide education on the prevention of HIV/AIDS and comprehensive support services for those affected by the disease. Specific services include: HIV testing, outreach education programs, speaker's bureau, case management/ service coordination and support for individuals with AIDS to help them keep their pets.

Saint Louis University Medical Center -

Division of Geriatric Medicine /

SLUCare Home Care Program

Phone: 314-977-8462 **Fax:** 314-771-8575

1402 S. Grand Blvd., Rm. M238, St. Louis, MO 63104

Email: brookssa@slu.edu

Website: www.slucare.edu

Counties Served: Jefferson, St. Louis, St. Louis City

Description: Trouble getting to doctor office appointments due to impaired mobility or transportation problems? Our physicians typically see home visit patients once every three months. Our physicians will communicate with your doctor via letter or telephone or can serve as your primary care doctor. Most health insurances do have some restrictions about physician home visits.

Sarah Coble, MS Gerontology Personal History Preservationist

Phone: 636-579-3388

1547 Boardwalk, Florissant, MO 63031

Email: coblesj@gmail.com

Website: www.mycmsite.com/sites/sarahcoble

Counties Served: Franklin, St. Charles, St. Louis, St. Louis City

Description: What's Your Story? We each have a rich personal history, full of unique stories and memories, which are enhanced by our photographs and memorabilia. What are your stories? Are they recorded and preserved for future generations? Are your photos and mementos safely preserved in an album, or sitting in a disorganized box gathering dust? As a Gerontologist, Scrapbooker, and "Personal History Preservationist," I can help you to organize, preserve, and share your story with the people in your life.

Senior LIFEsteps brought to you by Lutheran Senior Services

Phone: 314-446-2475 **Fax:** 314-446-2520

1150 Hanley Industrial Ct., St. Louis, MO 63144

Email: inhome@lssmo.org

Website: www.lssliving.org

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City

Description: A Senior LIFEsteps screening looks at the tasks an individual has to do and wants to do, then compares his or her living arrangements with what has worked best to maintain or improve the well being of other seniors. Results help you learn about resources and options giving you a direction for your next step in determining care and living arrangements.

Senior RxAccess Program

Phone: 636-537-7816 **Fax:** 636-532-6890

400 Chesterfield Center, Suite 400, Chesterfield, MO 63017

Email: amyd@seniorrxaccess.com

Website: www.seniorcarepharmacist.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis

Description: Partner with "Show Me Falls Free MO" Falls program. Provide targeted medication review interventions.

Senior Services at St. Anthony's Medical Center

Phone: 314-525-4745 **Fax:** 314-525-1868

12700 Southfork, Suite 175, St. Louis, MO 63128

Email: eleonora.sicola@samcstl.org

Website: www.stanthonysmedcenter.com

Counties Served: St. Louis, St. Louis City

Description: A convenient one stop location for comprehensive medical services including consultation, assessment, specialty care, wound care, diagnostic and follow up care exclusively for older adults. Our senior service drivers provide door to door transportation to the medical center clients so that medical care and services can be easily accessed

Shepherd's Center of Webster/Kirkwood, Inc.

Phone: 314-961-2669

1333 W. Lockwood Ave., Glendale, MO 63122

Email: gmchenry@websterhillsumc.org

Website: www.shepherdscenter-wk.org

Counties Served: St. Louis

Description: "Think, dance, learn, laugh, play" Join us on Friday mornings from 8:30 to noon for Adventures in Learning. These classes are designed by and for adults.

Singer Institute (The)

Phone: 314-727-9202 **Fax:** 314-862-4258

943 Warder Ave., St. Louis, MO 63130

Email: suzsanne@prodigy.net

Website: www.singerinstitute.org

Counties Served: St. Charles, St. Louis, St. Louis City

Description: A charitable organization since 1972 whose main program is The Senior Connections Program which trains and provides relational volunteer companions to isolated residents of long-term care facilities in the metro area. We can assist a parish in developing a nursing home ministry.

Smart Choices LLC

Phone: 314-952-8407

p.o.box 42, St. Louis, MO 63074

Website: www.smartseniormoves.com

Counties Served: St. Charles, St. Louis

Description: Smart Choices LLC. for Seniors. Home safety inspection, adaptations, relocation, moving assistance for seniors, their personal belongings, Concierge Services & more.

OTHER PROGRAMS, SERVICES & PROVIDERS - Missouri

St. John's Mercy Hyperbaric and Wound Treatment Center

Phone: 314-989-1181

Fax: 314-989-1441

11700 Studt Ave, St. Louis, MO 63141

Email: margaret.gebhardt@mercy.net

Website: www.stjohnsmercy.org/services/hyperbaric

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: Our center offers comprehensive diagnostic evaluation and care for chronic and/or complicated wounds in an outpatient setting. Our center is utilizing the most current technology available to help you heal. We develop an individualized treatment plan to speed and promote healing. All major insurances are accepted.

St. Louis Area Agency on Aging

Phone: 314-612-5918

Fax: 314-612-5915

1520 Market Street Room 4086, St. Louis, MO 63103

Email: slaaa@stlouiscity.com

Website: www.slaaa.org

Counties Served: St. Louis City

Description: The St. Louis Area Agency on Aging (SLAAA) provides a comprehensive and coordinated system of community-based services for older adults living in the City of St. Louis. SLAAA provides services at no charge for anyone over 60 living in the City of St. Louis, but contributions are always welcome.

St. Louis Readers

Phone: 314-567-3616

129 Ballas Court, St. Louis, MO 63131

Email: Len@StLouisReaders.com

Website: www.StLouisReaders.com

Counties Served: St. Charles, St. Louis, St. Louis City

Description: We offer Scheduled Readers Who Arrive "On Site" to visit, read and converse with your residents. Our reading team has been hand selected, screened and can be matched to your specific criteria. Great group activity.

StaffLink

Phone: 314-997-8833 **Fax:** 314-997-3115

2258 Schuetz Road, St. Louis, MO 63146

Email: klyons@stafflinkusa.com

Website: www.stafflinkusa.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Madison, St. Clair

Description: StaffLink is a locally owned company that has been providing care services in Missouri & IL since 1987. We provide Medicaid in-home services and private home health services to clients in need. StaffLink is committed to provide quality services in the following areas: RN's, LPN's, CNA's & NA's or companion/live-in caregivers. StaffLink strives to provide a wide spectrum of traditional & non-traditional services that help our clients to live productive lives in their homes.

SUNFLOWER Move Managers

Phone: 314-541-3040

405 Tuxedo Blvd., St. Louis, MO 63119

Email: info@sunflowermove.com

Website: www.sunflowermove.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Madison, Monroe, St. Clair

Description: SUNFLOWER Move Managers specializes in providing household downsizing and moving assistance for older adults. We organize and manage the entire household moving process while providing hands-on services from packing to settling your belongings. We can also help with your downsizing or house-clearing needs.

Support Dogs, Inc.

Phone: 314-997-2325

11645 Lilburn Park Rd., St. Louis, MO 63146

Email: info@supportdogs.org

Website: www.supportdogs.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: Provides service dogs to individuals who need help with mobility related tasks, as well as signal dogs to those who are deaf or hearing impaired. Support Dogs, Inc. provides services to ages six and above.

University of Missouri Extension

Phone: 314-615-2911

Fax: 314-615-8147

121 South Meramec, Suite 501, Clayton, MO 63105-1725

Website: www.extension.missouri.edu/ecregion

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: Your one-stop source for practical education on almost anything. Provides practical, research-based knowledge and resources from University of Missouri. Topics include Aging in Place, nutrition/health, personal finance, relatives as caregivers, elder care, senior living, home safety, home care, lawn/garden, emergency prep & more. Gateway Grandparents/Kinship Network, 314-615-7605, (extension. missouri.edu/ecregion/grandparent/). Center on Aging Studies Without Walls (cas.umkc.edu/casww/).

Webster University

Phone: 314-968-7100 or 1-800-986-2758

470 E. Lockwood Ave., St. Louis, MO 63119

Email: gadmit@webster.edu

Website: www.admissions.webster.edu/admissions/graduate/masters/germ.asp

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: Webster University offers classroom and online programs leading to an M.A. in Gerontology degree, a Graduate Certificate in Gerontology, or an M.B.A. with a Gerontology emphasis. Contact Graduate Admissions for more information.

OTHER PROGRAMS, SERVICES & PROVIDERS - Missouri

YMCA Trout Lodge

Phone: 314-241-9622

Fax: 573-438-5752

13528 State Hwy AA, Potosi, MO 63664

Email: familyreservations@ymcastlouis.org

Website: www.troutlodge.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *YMCA Trout Lodge is a year-round family resort and conference center located just 75 miles from St. Louis. Trout Lodge hosts 2-night to 5-night Elderhostel programs for ages 55+. Rates include lodging, meals, classes and entertainment. An evening wine tasting is provided by a local winery. Day trips are also available.*

Your Companion

Phone: 314-276-5168

8424 Roanoke Dr., St. Louis, MO 63121

Website: www.yourcompanion.net

Counties Served: St. Charles, St. Louis, St. Louis City

Description: *Distinctive service consists of one on one transportation and companionship, specializing in arranging/attending fine arts/cultural events. Also shopping, errands, appointments, etc.*

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Illinois Listings

Bond County Senior Citizens Center, Inc.

Phone: 877-983-7433, 618-664-1465

Fax: 618-664-1478

305 South Third Street, Greenville, IL 62246

Email: bcsenior@gvc.net

Website: www.gvc.net/~bcsenior

Counties Served: Bond

Description: *The center offers assistance to seniors with circuit breaker applications and assistance with any other type of applications. We accept walk-ins. We also provide home visits and call clients so they have someone to talk to. And we help them remember to take their medications. Hours are Monday through Friday 8:00am to 4:00pm. Other services that are available within the center include: social activities, leisure activities, health screening, exercise classes are occasionally offered, tours, trips to go shopping, food pantry, and information and referral.*

Cathy Roesch eBay Training Academy

Phone: 618-233-1000

Fax: 618-233-2190

304 South 52nd Street, Belleville, IL 62226

Email: croesch@cathyroesch.com

Website: www.cathyroesch.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *I'm Cathy Roesch, an eBay Education Specialist trained by eBay, and eBay store business owner based in St Louis, Missouri. I will teach you how to How to Sell on eBay Auctions effectively, train you to be an eBay auctioneer and explain how to collect your payments through a PayPal account cash-flow strategy.*

Faith In Action Edwardsville

Phone: 618-692-0480 **Fax:** 618-656-7321

903 North 2nd St., Edwardsville, IL 62025

Email: faithinactionegc@spiff.net

Website: www.fiacollinsville.org/edwardsville.htm

Counties Served: Madison

Description: *The office is open Monday through Friday from 9:00am to 3:00pm. We provide companionship to clients. We also provide home visits and call clients so they have someone to talk to. And we help them remember to take their medications.*

Meridian Village's Passport Club (Lutheran Senior Services)

Phone: 618-288-3700 **Fax:** 618-205-4215

27 Auerbach Place, Glen Carbon, IL 62034

Website: www.meridianvillage.org

Counties Served: Clinton, Madison, St. Clair

Description: *A social club for older adults with regularly scheduled monthly events. Membership required.*

OTHER PROGRAMS, SERVICES & PROVIDERS - Illinois

Meridian Village's Tea at Three (Lutheran Senior Services)

Phone: 618-288-3700

Fax: 618-205-4221

27 Auerbach Pl., Glen Carbon, IL 62034

Website: www.lssliving.org

Counties Served: Madison, St. Clair

Description: *A social hour hosted by the residents of Meridian Village's assisted living apartments. All are welcome!*

Northeastern Randolph County Senior Services, Inc.

Phone: 618-443-4020

Fax: 618-443-6050

500 West Second St., Sparta, IL 62286

Email: nerandolph@neondsl.com

Counties Served: Randolph

Description: *Office hours are Monday through Friday 8:00am to 3:00pm. The center accepts walk-ins and assists seniors with circuit breaker and other applications that they must fill out. We help seniors understand the programs that are available to them. Our staff tries to make it a little easier for seniors to fully understand what they are applying for and what it will cost them.*

Tri Cities Faith in Action

Phone: 618-877-9020

Fax: 618-877-0348

2100 Madison Ave., Room 519, Granite City, IL 62040

Email: faithinactiongc@sbcglobal.net

Website: www.fiagranitecity.org

Counties Served: Madison

Description: *The Tri-Cities Area Faith in Action is a coalition of churches that provides volunteer care for elders aged 60 and over living in Granite City, Madison and Venice, IL. Services are provided at no charge and include assisted transportation, grocery shopping, and reassurance calls.*

Volunteer Interfaith Caregivers

Phone: 618-537-9590

Fax: 618-537-6257

115 West Randle, Lebanon, IL 62254

Email: vic@chcsinc.org

Website: www.chcsinc.org/VIC.htm

Counties Served: Clinton, St. Clair

Description: *The office is open Monday through Friday from 8:30am to 4:00pm. We provide companionship to clients. We also provide home visits and call clients so they have someone to talk to. And we help them remember to take their medications.*

Washington County Senior Services, Inc.

Phone: 618-243-6533, 800-337-2349

Fax: 618-243-6317

305 North Nashville, Okawville, IL 62271

Counties Served: Washington

Description: *Office hours are Monday through Friday 8:30am to 3:30pm. The center does accept walk-ins, and we assist seniors with circuit breaker applications and other applications. The center will connect them with services that are available to them. The center also provides home visits, calls clients so they have someone to talk to, and helps them remember to take their medications.*

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or call
1-800-424-8867
(TTY: 1-800-833-3722)

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