

# respite programs



Respite care provides time off for family members who care for someone who is ill, injured or frail. It can take place in an adult day center, in the home of the person being cared for, or even in a residential setting such as an assisted living facility or nursing home. Although there are different approaches to respite care, all have the same basic objective; to provide caregivers with planned temporary, intermittent, substitute care, allowing for relief from the daily responsibilities of caring for the care recipient.

## Missouri Listings

### **Alzheimer's Association, St. Louis Chapter**

Phone: 800-980-9080, 314-432-3422

Program type: Reimbursement

Care receiver ages served: Adults all ages

Hours per family: \$960/year

Service limitations: Caregiver must live with the care receiver; care receiver must have a diagnosis of Alzheimer's disease or a related dementia

Serving: St. Louis, St. Louis City, Jefferson, Franklin & St. Charles Counties

### **American Parkinson Disease Association**

Phone: 314-362-3299

Program type: Contracts with home health agency

Care receiver ages served: All

Hours per family: 15 hours in-home respite with the option of one bath per week; \$75/month adult daycare

Service limitations: Licensed home health agency or adult day care will provide service

Serving: St. Louis, St. Louis City, Jefferson, Franklin & St. Charles Counties

### **American Veterans Care Coordination**

Phone: 1-800-VETERAN, 636-720-0777

Program type: Veterans benefits paying for in home care

Serving: St. Louis, St. Louis City, Jefferson, Bond, Clinton, Madison, Monroe, Randolph, St. Clair & Washington Counties

### **Bethesda Dilworth Skilled Nursing Community**

Phone: 314-968-5460

Program type: Skilled Nursing

Care receiver ages served: Focuses on seniors

Service limitations: Availability

Serving: St. Louis County

### **Bethesda Meadow Skilled Nursing Community**

Phone: 636-227-3431

Program type: Skilled Nursing

Care receiver ages served: Focuses on seniors

Service limitations: Availability Serving: St. Louis County

### **Bethesda Southgate Skilled Nursing Community**

Phone: 314-846-2000

Program type: Skilled Nursing

Care receiver ages served: Focuses on seniors

Service limitations: Availability

Serving: St. Louis County

### **Cape Albeon**

Phone: 636-861-3200

Program type: Assisted Living Short Term Stay

Care receiver ages served: 55 and older

Serving: St. Louis County

### **Cardinal Ritter Senior Services**

#### **Adult Day Program**

Phone: 314-962-7501

Program type: Adult Day Program

Care receiver ages served: 60+

Hours per family: Hours based on need & availability

Service limitations: Must meet admission criteria

Serving: St. Louis, St. Louis City, Jefferson & St. Charles Counties

#### **Comfort Keepers**

Phone: Troy, MO Office: 636-462-8383;

St. Louis, MO Office: 314-569-9835;

St. Charles, MO Office: 636-256-2911

Care receiver ages served: 18 or older

Hours per family: 2 hours – 24/7, and live-ins

Serving: St. Louis, St. Louis City & St. Charles Counties

#### **Fairwinds River's Edge**

Phone: 636-754-0100

Care receiver ages served: 62+

Service limitations: Medicare only covers supportive services through comprehensive care

Serving: St. Louis & St. Charles Counties

#### **Home Healthcare Services, Unlimited**

Phone: 314-367-7344

Program type: Basic/Advanced/RN Respite

Care receiver ages served: 18 years old and older

Hours per family: Varies

Service limitations: Medicaid/Private Pay

Serving: St. Louis, St. Louis City & St. Charles Counties

## RESPIRE PROGRAMS CONTINUED

### Home Instead Senior Care

Phone: 314-862-4663

Program type: Respite relief for the caregiver

Care receiver ages served: Any

Hours per family: 3 – 24 hours

Service limitations: No skilled nursing

Serving: St. Louis, St. Louis City, Jefferson & St. Charles Counties

### Judevine Center for Autism

Phone: 314- 385-5373

Program type: Respite/ Individual Supports

Care receiver ages served: 2 years - adult

Hours per family: Varies

Service limitations: Serves children and adults with autism spectrum disorders, individual must be living with family at home

Serving: St. Louis, St. Louis City & St. Charles Counties

### Mid-East Area Agency on Aging

Phone: 636-207-1323, 1-800-AGE-6060

Program type: Contracts with home health agency

Care receiver ages served: 60 and older

Hours per family: 4 hours a week in home or one 6 hour day at adult day care

Serving: Counties of St. Louis, Jefferson, Franklin & St. Charles



## Illinois Listings

### Christian HomeCare Services, Inc.

Phone: 618-537-9590

Program type: Non-medical homecare

Care receiver ages served: 60+ and/or disabled

Hours per family: At least 4 hours per visit

Service limitations: Caregiver will not: administer medications, perform any professional nursing, sign legal papers, witness documents on behalf of the client served, perform any home maintenance or repair activities, climb on ladder or chairs, move heavy furniture, steam clean carpets or any heavy duty yearly cleaning tasks, purchase alcoholic beverages for client or family member, or care for minor children.

Serving: Clinton, Madison & St. Clair Counties

### St. John's Home & Community Care

Phone: 618-344-0276

Program type: Homemaker/Personal Care

Care receiver ages served: 18 and older

Hours per family: Paid service; 4 hour minimum; 4 to 24 hours/day; IL DRS provider

Service limitations: No lifting or medical procedures; service area includes Caseyville, Collinsville, Edwardsville, Fairmont City, Fairview Heights, Glen Carbon, Granite City, Maryville, and Troy, IL.

Serving: Madison & St. Clair Counties

### St. Louis Area Agency on Aging (SLAAA)

Phone: 314-612-5918, 877-612-5918

Program type: Respite

Care receiver ages served: 60 and over living in the City of St. Louis

Hours per family: Varies depending on the need

Service limitations: Only provided to seniors living in the City of St. Louis

Serving: St. Louis City

### National Multiple Sclerosis Society/ Gateway Area Chapter

Phone: 314-781-9020

Program type: Programs and services

Care receiver ages served: All

Hours per family: Call

Service limitations: Must have diagnosis confirmation and demonstrate financial need by application

Serving: St. Louis, St. Louis City, Jefferson, Franklin, St. Charles, Bond, Clinton, Madison, Monroe, Randolph, St. Clair & Washington Counties

### St. Louis County Office of Family and Community Services – County Older Resident Programs (CORP)

Phone: 314-615-4516

Program type: Caregiver respite

Care receiver ages served: 60 and over

Service limitations: No toileting, no medication administered

Serving: St. Louis County

### VA Medical Center

Phone: 314-652-4100

Program type: Facility Based

Care receiver ages served: All

Service limitations: Care receiver must be eligible veteran.

Serving: St. Louis, St. Louis City, Jefferson, Franklin, St. Charles, Bond, Clinton, Madison, Monroe, Randolph, St. Clair & Washington Counties



### St. John's Home & Community Care

Compassionate, dependable help for  
Seniors since 1985

#### In-Home Care Program 618-344-0276

- ♥ Housework, meal preparation
- ♥ Personal care (bathing, grooming)
- ♥ Shopping and errands
- ♥ Available 24/7, 365 days a year
- ♥ Serving Collinsville, Granite City, Edwardsville area

#### Adult Day Program 618-344-5008

- ♥ Fellowship, fun, & activities
- ♥ Trained staff to help when needed
- ♥ Nursing oversight
- ♥ 6:30 a.m. to 6:00 p.m. weekdays

222 Goethe Avenue  
Collinsville, IL 62234  
[www.eldercareandmore.net](http://www.eldercareandmore.net)

Sponsored by  
St. John United Church of Christ

