Hospice is a special concept of care designed to provide comfort and support to patients and their families when a life-limiting illness no longer responds to cure-oriented treatments. Hospice staff and volunteers offer a specialized knowledge of medical care, including pain management. The goal of hospice care is to improve the quality of a patient’s last days by offering comfort and dignity, and is provided by a team-oriented group of specially trained professionals, volunteers and family members.

**AmHeart Hospice**
Phone: 314-894-8189  Fax: 314-894-7334
4372 Casa Brazilia Drive, Suite 203, St. Louis, MO 63129
Email: vojeda@amhearthospice.com
Website: www.amhearthospice.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City
Description: AmHeart provides care and support for loved ones in the last phase of a terminal illness. Hospice services relieve discomfort, both physical and psychological, and seeks to maintain a good quality of life for patients and their families. Our mission is to help our patients live as fully and comfortably as possible during their last days.

**Angels On Duty, Inc.**
Phone: 636-980-4256  Fax: 636-379-9696
115 Civic Park Drive, O’Fallon, MO 63366
Email: info@angelsonduty.com
Website: www.angelsonduty.com
Counties Served: St. Charles, St. Louis

SSM Hospice
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- Home medical equipment
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- Trained Hospice volunteers
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Local: 314-592-3670
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FAX: 314-592-3681

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HOSPICE - Missouri

hospice services. We have a hospice lounge for families to utilize while their loved one is at our facility. There are 15 hospice companies that provide services at our facility.

Bethesda Hospice Care
Phone: 314-446-0623  Fax: 314-446-0624
8175 Big Bend Boulevard, St. Louis, MO 63119
Email: dabaldwin@bethesdahealth.org
Website: www.bethesdahealth.org
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City
Description: Perhaps no aspect of care is more precious than hospice. Rooted in compassion, Bethesda’s hospice team of professionals including, nurses, CNAs, social workers, chaplains, dietitians, therapists and physicians work hand-in-hand with our long-term care staff to provide the special medical, emotional and personal attention required for patients and families affected by life-limiting illnesses. Bethesda’s expert hospice care is available to seniors wherever they call home whether home is a skilled nursing facility or their private residence. Please contact us to learn more about our Hospice Care services.

BJC Hospice
Phone: 314-872-5050  Fax: 314-953-1834
9890 Clayton Road, St. Louis, MO 63368
Website: www.bjchospice.org
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, St. Clair

Brook View at Stonebridge
Phone: 314-291-4557  Fax: 314-291-8548
2963 Doddridge Ave., Maryland Heights, MO 63043
Email: lcole@stonebridgeseniorliving.com
Website: www.stonebridgeseniorliving.com
Counties Served: St. Louis

Cedars at the JCA (The)
Phone: 314-991-1193  Fax: 314-434-9179
13190 South Outer Forty Road, Town & Country, MO 63017
Email: info@cedarsjca.com  Website: www.cedarsjca.com
Counties Served: St. Charles, St. Louis, St. Louis City
Description: End-of-life care addresses the special needs of the patient, but the care doesn’t end there. The hospice unit at the Cedars of the JCA provides ample space for the family to be close to the patient during their final days. Our therapy, nursing, and dietary departments offer services necessary to extend the quality of life or to enhance comfort during the end of life. Please call us today for a tour. After all, your loved one deserves the best!

Delhaven Manor
Phone: 314-361-2902
5460 Delmar Blvd., St. Louis, MO 63112
Email: delhavenbk@sbcglobal.net

Evercare Hospice & Palliative Care
Phone: 314-592-3670  Fax: 314-592-3681
13655 Riverport Drive, 5th Floor, Maryland Heights, MO 63043
Email: john_lehne@uhc.com
Find a peaceful path through end-of-life concerns.

Our promise is to:
- Communicate honestly and help everyone involved understand what to expect.
- Use our expertise to allow a natural, peaceful, and dignified death.
- Be there to listen, grieve, celebrate life, and show the love of Jesus Christ to all we serve.

314.446.2539  issliving.org

HOSPICE - Missouri
Website: www.evercarehealthplans.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Faith Hospice, Inc.
Phone: 314-892-4441
Fax: 314-892-4478
11040 Lin-Valle, Suite L, St. Louis, MO 63123
Email: faithhospice@charter.net
Website: www.faithhospicestl.com
Description: Hospice is a special way of caring for people with life-limiting illness in the familiar surroundings of home, in the presence of loved ones. Our care focuses on the physical, emotional, social and spiritual needs of patients and their family members.

Ferris Counseling Services:
An Integral Approach to Mind, Body, Spirit
Phone: 314-308-1124
939 Gardenview Office Parkway, Creve Coeur, MO 63141
Email: SmallEpiphanies@aol.com
Website: www.FerrisCounselingServices.com
Description: Counseling for grief, loss,

BJC Hospice provides a team of physicians, nurses and caregivers — a circle of support allowing patients to live their last days with dignity and comfort.

Support includes:
- Interdisciplinary care for hospice patient & family
- Care for adults and children
- Trained volunteers
- Pain and symptom management
- Care based on patient goals
- Grief follow-up

For more information about hospice care in Missouri or Illinois, or to volunteer, call 314-872-5050, or visit www.bjchospice.org.
JMH Hospice  
**Phone:** 636-933-1200  
#5 Industrial Drive, Festus, MO 63028  
**Website:** [www.jeffersonmemorial.org](http://www.jeffersonmemorial.org)  
**Counties Served:** Franklin, Jefferson, St. Louis  
**Description:** Hospice is a specialized health care program of Jefferson Memorial Hospital provided by an interdisciplinary team of professionals in partnership with the patient’s physician. Nursing staff, social workers, spiritual counselors, massage therapists, home health aides and volunteers provide service to patients and caregivers 24 hours a day, 7 days a week.

LSS (Lutheran Senior Services) Hospice Care  
**Phone:** 314-446-2539  
**Fax:** 314-446-2323  
1150 Hanley Industrial Ct, St. Louis, MO 63144  
**Email:** cmurphy@lssmo.org  
**Website:** [www.lssliving.org](http://www.lssliving.org)  
**Counties Served:** Jefferson, St. Charles, St. Louis, St. Louis City  
**Description:** Lutheran Senior Services Hospice Care is a faith-inspired agency with a holistic and comprehensive approach to hospice. Together, our staff has over 100 years’ experience in providing hospice related services. We have helped many people and their families find a peaceful path through end-of-life concerns, and we can help you too.

Medi-Plex Healthcare Professionals  
**Phone:** 314-721-3434  
**Fax:** 314-721-7280  
200 S. Hanley Rd., Clayton, MO 63105  
**Email:** tawana.spann@mediplexhealth.com  
**Website:** [www.mediplexhealth.com](http://www.mediplexhealth.com)  
**Counties Served:** Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Clinton, Madison, St. Clair

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**HOSPICE - Missouri**

Life threatening & chronic illness, and transition. Specializing in cancer and ALS. Financial wellness counseling (for promoting healthy financial behaviors).

**Homewatch Caregivers**  
**Phone:** 314-963-1100  
**Fax:** 314-963-0255  
7915 Big Bend Blvd., Webster Groves, mo 63119  
**Email:** homewatchcaregivers@yahoo.com  
**Website:** [www.homewatchcaregivers.com](http://www.homewatchcaregivers.com)  
**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City  
**Description:** Homewatch Caregivers provides non-medical care for the elderly. We specialize in hourly & live-in care focusing on companion care, personal care, & 24/7 live-in care.

**Hospice of Missouri, Inc.**  
**Phone:** 314-892-3000  
**Fax:** 314-892-3101  
2191 Lemay Ferry Rd., #301, St. Louis, MO 63125  
**Email:** homjobs@yourtrustedpartner.com  
**Website:** [www.yourtrustedpartner.com](http://www.yourtrustedpartner.com)  
**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City  

**Jefferson Regional Medical Center**  
**Phone:** 636-933-1200  
1400 Hwy 61 South, Festus, MO 63028  
**Email:** sbuechting@jhsmo.com  
**Website:** [www.jhsmo.com](http://www.jhsmo.com)  
**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City  
**Description:** Jefferson Regional Hospice works in partnership with the patient’s physician to ensure physical and emotional comfort.

**LSS (Lutheran Senior Services) Hospice Care**  
**Phone:** 314-446-2539  
**Fax:** 314-446-2323  
1150 Hanley Industrial Ct, St. Louis, MO 63144  
**Email:** cmurphy@lssmo.org  
**Website:** [www.lssliving.org](http://www.lssliving.org)  
**Counties Served:** Jefferson, St. Charles, St. Louis, St. Louis City  
**Description:** Lutheran Senior Services Hospice Care is a faith-inspired agency with a holistic and comprehensive approach to hospice. Together, our staff has over 100 years’ experience in providing hospice related services. We have helped many people and their families find a peaceful path through end-of-life concerns, and we can help you too.

**Medi-Plex Healthcare Professionals**  
**Phone:** 314-721-3434  
**Fax:** 314-721-7280  
200 S. Hanley Rd., Clayton, MO 63105  
**Email:** tawana.spann@mediplexhealth.com  
**Website:** [www.mediplexhealth.com](http://www.mediplexhealth.com)  
**Counties Served:** Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Clinton, Madison, St. Clair

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[www.odsyhealth.com](http://www.odsyhealth.com)

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HOSPICE - Missouri

Medi-Plex Healthcare Professionals
Phone: 314-725-1711 Fax: 314-725-6278
9374 Olive Blvd., St. Louis, MO 63132
Email: danielle.tyus@mediplexhhc.com
Website: www.mediplexhhc.com
Counties Served: St. Charles, St. Louis, St. Louis City

Medi-Plex Hospice
Phone: 314-725-1711 Fax: 314-725-6278
200 S. Hanley Rd., Ste. 600, Clayton, MO 63105
Email: tawana.spann@mediplexhealth.com
Website: www.mediplexhealth.com
Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City

Nurses & Company Hospice Care
Phone: 636-926-3722 Fax: 636-926-3872
115 Piper Hill Dr., Saint Peters, MO 63376
Email: mikeallen@nursesandco.com
Website: www.nursesandco.com
Counties Served: Franklin, St. Charles, St. Louis, St. Louis City
Description: A special way of caring, focuses more on the quality of life rather than aggressive treatment. A benefit of Medicare and Medicaid which covers medications, medical equipment and supplies related to the diagnosis.

Odyssey HealthCare
Phone: 314-275-6100 Fax: 314-275-6101
2055 Craigshire Rd., Suite #410, St. Louis, MO 63146
Email: jomiller@odsyhealth.com
Website: www.odsyhealth.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City
Description: During the end of life’s journey Odyssey HealthCare, offers comfort and care to those with life limiting illnesses. Specialized hospice care is more a concept than a specific place, it provides palliative care which affirms life and does not hasten the end of life. It is the model for quality, and compassionate care.

Ozik Home Care, Inc.
Phone: 314- 454-1219 Fax: 314-454-1382
5081 Page Blvd., St Louis, MO 63113
Email: onymai@sbcglobal.net
Website: www.Ozikhomecare.com

Pathways Community Hospice
Phone: 636-733-7399 Fax: 636-733-7398
14805 North Outer 40 Road, Suite 160, Chesterfield, MO 63017
Email: yschwandt@pathwayshospice.com
Website: www.pathwayscommunityhospice.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City
Description: Pathways Community Hospice cares for the patient and family dealing with terminal illness. Emphasis is placed on improving the quality of life through symptom management, pain control and compassionate support in the comfort of the patient’s home or nursing home. A team of qualified professionals and experienced volunteers specialize in easing the physical, emotional and spiritual pain that often accompanies a terminal illness. Services include: professional nursing, coordination of medications, medical equipment and supplies, therapies for palliative care and more.

Pathways Palliative Care
Phone: 636-733-7399 Fax: 636-733-7398
14805 North Outer 40 Road, Suite 160, Chesterfield, MO 63017
Email: jdescher@pathwayshospice.com
Website: www.pathwayscommunityhospice.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City
Description: Pathways Palliative Care is dedicated to improving comfort and quality of life for patients and their families with life-limiting chronic disease. Excellent clinical care, along with emotional support provides relief from the pain and distressing symptoms associated with chronic illness. Palliative care services are provided by our Nurse Practitioner who collaborates with our Medical Director. Working in conjunction with the patient’s primary physician, Pathways Palliative Care treats many symptoms including pain, shortness of breath, fatigue, constipation, loss of appetite, insomnia, anorexia and severe anxiety.

Description: Our main objective is to provide high quality home care services for elders and people with disabilities needing assistance in the comfort of their own homes. We provide skilled nursing, physical, occupational and speech therapies. Home health aide for personal care assistance such as grooming, bathing, dressing and feeding.

301 Sovereign Court, Suite 206
Ballwin, MO 63011
636.527.9330 • 800.597.2203
Fax: 636.527.9340
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Phone: 636-527-9330, 800-597-2203 Fax: 636-527-9340
301 Sovereign Court, #206, Ballwin, MO 63011
Email: bhoffman.stl@preferredhospice.com
Website: www.preferredhospice.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Rancho Manor
Phone: 314-839-2150 Fax: 314-839-8736
615 Rancho Lane, Florissant, MO 63031
Email: ranchomanor@yahoo.com
Counties Served: St. Charles, St. Louis, St. Louis City
Description: We can provide compassionate end of life care with the hospice provider of your choice.

SSM Hospice - St. Louis
Phone: 314-989-2800 Fax: 314-989-2992
1187 Corporate Lake Suite 200, St. Louis, MO 63132
Email: marykay_bieser@ssmhc.com Website: www.ssmhc.com
Counties Served: Franklin, Jefferson, St. Louis, St. Louis City
Description: Hospice services

SSM Hospice - St. Charles
Phone: 636-6952050 Fax: 636-6952060
#2 Harbor Bend Ct., Suite 201, Lake St. Louis, MO 63367
Email: carol_leverette@ssmhc.com Website: www.ssmhc.com
Counties Served: St. Charles
Description: Hospice services

St. Anthony’s Hospice / de Greef Hospice House
Phone: 314-525-7360 Fax: 314-525-7375
10016 Kennerly Rd., St. Louis, MO 63128
Website: www.stanthonyshospice.com
Counties Served: Franklin, Jefferson, St. Louis, St. Louis City

St. John’s Mercy Hospice
Phone: 314-729-4400 Fax: 314-729-4412
1000 Des Peres Rd., St. Louis, MO 63131
Email: heisl2@stlo.smhs.com
Website: www.unityhealthhospice.org
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

St. John’s Mercy Skilled Nursing Center
Phone: 314-251-6600
12120 Conway Road, St. Louis, MO 63141
Email: Annie.Marx@mercy.net
Website: www.stjohnsmercy.org

Trinity Hospice
Phone: 314-821-8826 Fax: 314-821-2694
10805 Sunset Office Dr., Suite 400, Sunset Hills, MO 63127
Email: april.zilafro@trinityhospice.com
Website: www.trinityhospice.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Visiting Nurse Association Hospice Care
Phone: 314-918-7111 Fax: 314-918-8054
9450 Manchester Rd., #206, St. Louis, MO 63119
VITAS Innovative Hospice Care
Phone: 314-682-3400
Fax: 314-682-3450
1807 Park 270 Drive, #110, St. Louis, MO 63146
Email: caroline.hultz@vitas.com
Website: www.vitas.com
Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City

VNA-TIP Home Care, TIP Hospice
Phone: 314-595-6800  Fax: 314-595-6844
504 West Pine Street, Farmington, MO 63640
Email: lori.reams@vnatip.com
Website: www.vnatip.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington
Description: TIP Hospice provides a wide array of programs and services to the community in many different settings. Our dedicated staff is specially trained and experienced in dealing with disease progression and end-of-life symptoms. As a compassionate, comprehensive community hospice and palliative care organization, TIP Hospice is committed to nurturing hope and healing when lives are touched by the transitions that family illness, care giving and loss can bring.
Aviston Countryside Manor
Phone: 618-228-7615 Fax: 618-228-7632
450 West 1st, Aviston, IL 62216
Email: Leslie.Pedtke@KingMgt.com
Website: www.avistoncountrysidemanor.com
Counties Served: Clinton

BJC Hospice of Alton
Phone: 618-463-7100 Fax: 618-463-7127
#1 Memorial, Alton, IL 62002
Email: Cew7436@bjc.org
Website: www.BJC.org
Counties Served: Clinton, Madison, Monroe, St. Clair

Blue Fountain Manor
Phone: 618-466-0443 Fax: 618-466-1597
1623 W. Delmar Ave., Godfrey, IL 62035
Email: don_dill@beverlycorp.com
Counties Served: Madison

Bond County Hospice
Phone: 618-664-5020 Fax: 618-664-9682
503 S. Prairie Street, Greenville, IL 62246
Email: bcshd@bcshd.us
Counties Served: Bond, Clinton, Madison

Family Hospice of Belleville Area
Phone: 618-277-1800 Fax: 618-277-1074
5110 West Main Street, Belleville, IL 62226
Email: info@familyhospice.org
Counties Served: Clinton, Madison, Monroe, St. Clair

Gateway Regional Medical Center - Home Health & Hospice
Phone: 618-789-3399
2100 Madison Avenue, Granite City, IL 62040
Website: www.gatewayregional.net
Counties Served: Madison

Hospice of Southern Illinois, Inc.
Phone: 618-235-1703, 800-233-1708
Fax: 618-222-5969
305 South Illinois Street, Belleville, IL 62220
Email: lphillipson@hospice.org
Website: www.hospice.org
Counties Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Randolph County Care Center
Phone: 618-443-4351 Fax: 618-443-2700
312 West Beltom, Sparta, IL 62286
Email: Care4you@accessus.net
Counties Served: Randolph

Unity Hospice
Phone: 618-346-1111 Fax: 618-346-7777
907 Bluff Rd., Collinsville, IL 62234
Website: www.unityhospice.com

VNA-TIP Home Care, TIP Hospice
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: TIP Hospice provides a wide array of programs and services to the community in many different settings. Our dedicated staff is specially trained and experienced in dealing with disease progression and end-of-life symptoms. As a compassionate, comprehensive community hospice and palliative care organization, TIP Hospice is committed to nurturing hope and healing when lives are touched by the transitions that family illness, care giving and loss can bring.

VNA-TIP Home Care, TIP Hospice, VNA-TIP Private Duty
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: TIP Hospice provides a wide array of programs and services to the community in many different settings. Our dedicated staff is specially trained and experienced in dealing with disease progression and end-of-life symptoms. As a compassionate, comprehensive community hospice and palliative care organization, TIP Hospice is committed to nurturing hope and healing when lives are touched by the transitions that family illness, care giving and loss can bring.

VNA-TIP Home Care, TIP Hospice, VNA-TIP Private Duty
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: TIP Hospice provides a wide array of programs and services to the community in many different settings. Our dedicated staff is specially trained and experienced in dealing with disease progression and end-of-life symptoms. As a compassionate, comprehensive community hospice and palliative care organization, TIP Hospice is committed to nurturing hope and healing when lives are touched by the transitions that family illness, care giving and loss can bring.
At the American Red Cross, we are focused on helping people. While our Lifeline service offers peace of mind and reassurance, we rely on the St. Louis Times Resource Guide to spread our message. This Guide is a “must read” book for every senior, health care professional, and caregiver for a senior. I keep my book with me at all times. The information is easy to find, read and understand. The Guide has the most current and accurate information. The Publisher/Editor, John Rothbarth, lives in the area and is very dedicated to his community. We share his passion for helping people, and highly recommend the St. Louis Times Resource Guide.”

Jean Romine
American Red Cross Lifeline
HOW TO
Manage Your Medications
By Hedva Barenholtz Levy, PharmD, BCPS
Pharmacotherapy Specialist and Registered Pharmacist

At the Doctor’s Office

- Ask about any lifestyle changes that can make your medications work better (for example, diet or exercise).
- Ask about the results of any medication-related tests and what that means for your drug therapy.
- Ask questions about any new medications the doctor prescribes:
  - How do I take it?
  - Will I need refills?
  - Are there side effects?
  - Are there interactions with other drugs?
- Bring a friend or family member along.
- Tell your physician about the names of all medications you take, including: prescription, nonprescription, dietary/herbal, vitamins, minerals, laxatives, pain relievers, sleeping aids.
- Tell your physician what matters most to you in taking a medication: fewest side effects, fewest doses, least expensive, etc.

On Your Own

- Arrange for an annual medication review.
- Be aware of any changes in your health.
- Carry an updated medication list with you at all times.
- Choose nonprescription and herbal products carefully.
- Use pill minder boxes and other inexpensive aids to help you take your medicine correctly.

This message about your health brought to you by
Mid-East Area Agency on Aging
14535 Manchester Road
Manchester, MO 63011
(636) 207-0847 or 1 (800) AGE-6060
www.mid-eastaaa.org

CALL US FOR A FREE PILL MINDER!

Don’t know who to contact to find out about services for seniors and their caregivers? Call MEAAA Information and Assistance. We can connect you with all services for seniors, including transportation, adult day care, legal aid — and locations of MEAAA’s 26 senior centers in the counties of St. Louis, St. Charles, Franklin and Jefferson. They offer hot lunches, exercise, social activities and education on a voluntary contribution basis. MEAAA also brings Meals on Wheels to homebound older adults.

At the Pharmacy

- Ask how to simplify your medication regimen.
- Ask specific questions about each medication:
  - How do I store it?
  - Do I take it with or without food?
  - How do I take it?
  - What time of day do I take it?
  - Do I take it with other medications or separate from them?
  - Are there any side effects?
  - Does it interact with other medications?
- Review proper use of new dosage forms, such as an inhaler, patch or eye drops.