A geriatric care manager is a health and human services professional, such as a gerontologist, nurse, social worker, or psychologist with a specialized focus on issues related to aging and elder care. Geriatric care managers work privately with older adults and their families to create a plan of care that meets the needs of the older adult. The organizations listed below can help.

A+ Aging Advantage
Phone: 314-761-9157 Fax: 636-825-2110
9051 Watson Rd. #331, St. Louis, MO 63126
Email: diane@aplusaging.com Website: www.aplusaging.com
Hours: 9 am-6:00 pm Fees: Determined by case
Description: Professional Geriatric Care Manager assesses client physically, cognitively, psychosocially, legally & financially. Accompanies client to doctor appts.; advocates for client in hospital. Assists client in aging successfully wherever they want to age. See www.aplusaging.com for more information.

ACM Care (Autonomous Case Management)
Phone: 314-293-0697
483 S Kirkwood #221 (mailing address), St. Louis, MO 63122
Email: jhess@ACMCare.org Website: www.ACMCare.org
Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City, Madison, St. Clair
Hours: Varies Fees: Hourly and monthly available
Description: CALL US FIRST TO GET THE BEST. ACM Care’s™ Elder Care experts can: evaluate, select, and troubleshoot nursing home care; provide routine help with doctor visits, home visits, and medications; design and set up safe in-home solutions; find, select, and monitor in-home providers; be your local “go to” resource for routine needs, transitions, and crisis situations. We help find and engage the right resources to solve your Elder Care dilemmas. See ad on first page after front cover of this Resource Guide to learn more. Call today for your free needs assessment!

Advisors Resource Network
Phone: 636-926-8407 Fax: 636-447-2213
P. O. Box 147, Saint Peters, MO 63376
Email: amw@arn-us.com Website: www.arn-us.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City
Hours: 24 hours/day Fees: $95
Description: Sometimes you don’t know what you don’t know and are unaware of the questions you should ask. Advisors

Resource Network offers fee-based care management that provides a broad overview of senior planning and eldercare options + support, monitoring, follow-up for our clients and their families. Specialty: Financial Care Planning

Affordable Alternatives in Aging
Phone: 314-608-7951 Fax: 314-487-8562
3915 Southern Aire, St. Louis, MO 63125
Email: dnagee55@sbcglobal.net
Counties Served: St. Louis, St. Louis City
Hours: 24 hour availability Fees: Call for rates
Description: Affordable geriatric care management to help older adults to live independently as long as possible. Complete assessment with care plan, resource eligibility and referral, crisis intervention, monitoring of services, education and advocacy.

Aging Well
Phone: 314-962-9115
9414 Pine Ave, St. Louis, MO 63144
Email: mangej@msn.com
Website: www.judy4agingwell.blogspot.com/2008/02/our-philosophy-to-enhance-quality-of.html
Counties Served: St. Charles, St. Louis, St. Louis City
Hours: 24 hours/day/7 days/week Fees: Call for information
Description: Geriatric care management with 24-hour availability. Helping you to make informed choices to maintain independence and quality care. Assessment evaluates the client and family unit to determine available options and resources, and to develop a plan which will enhance the client’s feelings of independence, control and wellness.

Algonquin Nurses Home Health Care, Inc.
Phone: 314-822-8158 Fax: 314-822-0952
10135 Manchester Road, St. Louis, MO 63122
Email: ctalgonquin@sbcglobal.net
Website: www.algonquin nurses.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City
Hours: 24/7 Fees: Call
Description: Algonquin Nurses, Inc. provides disability services through the State Medicaid Waiver program, CDS, MEAAA, along with our Medicare skilled PT, OT, Speech Department, and Private Pay Insurance through our Private Support program.
**Geriatric Care & Case Management - Missouri**

**Alpha Care, Inc.**  
**Phone:** 314-993-2273  **Fax:** 314-993-1196  
9312 Olive Boulevard, St. Louis, MO 63132  
**Email:** alphacare@alphahh.com  **Website:** www.alphahh.com  
**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City  
**Description:** A full service agency able to provide the complete circle of care, meeting all of your home health care needs. We assist in making the best choices to meet your home care needs. We answer any of your home health care questions.

**Angels In The Attic, Inc.**  
**Phone:** 314-497-7787  **Fax:** 314-317-9023  
207 Ambridge Ct., Unit 205, Chesterfield, MO 63017  
**Email:** angelsintheattic2007-lynn@yahoo.com  
**Counties Served:** Jefferson, St. Charles, St. Louis, St. Louis City, St. Clair  
**Hours:** By appointment  
**Fees:** $75/ in-home assessment;$35/ hour case management  
**Description:** Angels In The Attic was inspired by the lack of knowledge and support available to my sisters and I during our own parents' later years. I went back to school, received a MA in Gerontology and began this business to assist others.

**Assisting Needy Seniors with Equipment Recycled by St. Louians (A.N.S.W.E.R.S.)**  
**Phone:** 314-913-4142  
P. O. Box 270013, St. Louis, MO 63127  
**Email:** aging@consultant.com  
**Counties Served:** Jefferson, St. Louis City  
**Hours:** 24 hr on call  
**Fees:** Sliding scale  
**Description:** Providing care management and home management assistance. We offer safety evaluations and medical equipment free of charge or at low fees for elderly who want to remain at home.

**Astva Home Health Agency**  
**Phone:** 314-863-3700  **Fax:** 314-863-3144  
34 North Brentwood Blvd., #16, St. Louis, MO 63105  
**Email:** astva@sbcglobal.net  
**Website:** www.astvahomecare.com  
**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City  
**Hours:** 24 hours/ 7 days a week  
**Fees:** Based on assessment  
**Description:** Healthcare for Medicare Homebound patients. Preventive and disease management continuing care delivered by licensed Registered Nurses, Physical Therapy, Occupational Therapy and Certified Nurse Assistants. We also provide referrals to Home Health Visit Physicians specializing in different areas and Nurse Practitioners in St. Louis City and County.

**Beauvais Manor on the Park**  
**Phone:** 314-771-2990 Ext. 219  **Fax:** 314-771-7960  
3625 Magnolia Ave., St. Louis, MO 63110  
**Email:** agrogan@beauvaismanor.com  
**Website:** www.beauvaismanor.com  
**Counties Served:** St. Louis, St. Louis City  
**Hours:** 24/7  
**Fees:** Room rate $156.00 daily  
**Description:** We offer Skilled Nursing, Rehab, Hospice, Alzheimers Secure Unit and Long/Short term placement.

**Bi-Lingual International Assistant Services**  
**Phone:** 314-692-9010  **Fax:** 314-692-9014  
8390 Delmar Blvd., Suite 210, St. Louis, MO 63124  
**Email:** bilingualstl@cs.com  **Website:** www.bilingualstl.org  
**Counties Served:** Jefferson, St. Charles, St. Louis, St. Louis City  
**Hours:** 9:00 am to 5:00 pm  
**Fees:** Sliding fee scale, Medicare, Medicaid, some Forms of Insurance  
**Description:** Geriatric assessment, service plan and full case management in persons' homes; family and individual therapy, and planning services.

**Callen Case Management Services**  
**Phone:** 314-265-7059  
P.O. Box 864, Chesterfield, MO 63006  
**Email:** rhondacallenplatt@yahoo.com  
**Website:** www.seniorcasemanager.com  
**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City  
**Hours:** By appointment  
**Fees:** $125/hour  
**Description:** Provide in-home assessments of client needs, resource finding, placement, counseling, education, and advocacy. Public speaking in the community on topics relating to aging.

**Cardinal Ritter Senior Services (Social Services Department)**  
**Phone:** 314-918-2293  **Fax:** 314-961-1548  
7601 Watson Rd., St. Louis, MO 63119  
**Email:** bobermark@ccstl.org  
**Website:** www.cardinalritterseniorservices.org  
**Counties Served:** St. Charles, St. Louis, St. Louis City  
**Hours:** 8:30 am - 5:00 pm  
**Fees:** Call  
**Description:** CRSS has a dedicated Social Services Department that provides seniors in the community with access to extensive services and support programs, information resources, and referral services.

**Comprehensive Care Management and Consulting, LLC**  
**Phone:** 314-544-8306  **Fax:** 314-544-8306  
9336 Rambler Drive, St. Louis, MO 63123  
**Email:** mary_ahern@sbcglobal.net  
**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Monroe  
**Hours:** As needed  
**Fees:** Negotiable  
**Description:** Services available to individuals/families relative to sorting out aging challenges. Assist client with formulating plan to include either short-term tasks and/or long-term services related to an individual's safety, optimal living environment and satisfaction.

**Comprehensive Care, Inc.**  
**Phone:** 636-390-9909  **Fax:** 636-390-9989  
1451 High Street, Suite 205, Washington, MO 63090  
**Email:** lpriaulx@cci-cares.com  
**Website:** www.thecompanythatcares.com  

**Continuum**  
**Phone:** 314-863-9912, 636-861-3336  **Fax:** 314-863-9918  
12882 Manchester Road, Suite 201, St. Louis, MO 63131
Continuum’s experienced and professional care managers make a difference. We provide regular client visits to monitor physical condition and encourage compliance with prescribed therapy; working and coordinating with physicians on appropriate care and medication; counseling and psychotherapy, coordination of services inside or outside the home; providing assessments and ongoing counseling; updating family members and professionals on the plan of care; ensuring that there is an adequate stock of food, medications and medical supplies in the home; and serving as a contact person for physicians, EMS and emergency room staff in the case of a medical emergency.

Covenant House/CHAI Apartments
Phone: 314-432-1610 Fax: 314-432-4058
8 Millstone Campus Dr., Suite 2000, St. Louis, MO 63146
Email: jgilsinn@covenantchaistl.org
Website: www.covenantchaistl.org
Counties Served: St. Louis
Hours: Monday to Friday 8:30 am - 5:00 pm
Fees: Social Services Provided
Description: A full time Social Service Staff is available during regular office hours to assist residents with referral services, form completion (State Financial Assistance), social programs, and many other services. For more information call the office at 314-432-1610.

Dignified Aging Consults
Phone: 314-361-2060
4400 Lindell., Suite 23J, St. Louis, MO 63108
Email: harriettellerman@sbcglobal.net
Website: www.dignifiedagingconsults.net
Counties Served: Franklin, St. Louis, St. Louis City
Hours: By appointment
Description: Assessments of elder’s needs within their living environments/once needs are determined coordination of necessary services for home care, scheduling of doctor’s appointments ,referrals to private and community resources

Elder and Estate Planning Law Firm (The)
Phone: 314-918-0088 Fax: 877-580-5204
8780 Big Bend Blvd., Ste. G, Webster Groves, MO 63119
Email: mde@stlelderlaw.com Website: www.stlelderlaw.com
Description: Guardianship, Probate, Medicaid Planning and Qualifications, Powers of Attorney, Living Wills & Advance Directives, Living Trusts & Wills, Estate Planning, Nursing Home Placement, Assisted Living Placement, Sale of Home, Estate Sales & Care Planning

ElderLink St. Louis can help.
Our caring and professional staff will connect you to programs and resources available to Jewish seniors in the St. Louis area. ElderLink St. Louis is here to help you make the best decisions for your family. Then, we check back to make sure you’re “linked.”

Our personal consultations are free and confidential:
314 / 812 - 9300
M - F 8:30 am - 5:00 pm
Visit us online:
www.elderlinkstlouis.org

ElderLink St. Louis is available thanks to generous funding by the Lubin-Green Foundation and BJC Healthcare.
ElderLink St. Louis is a project of the Senior Service Integration Commission of the Jewish Federation of St. Louis and is administered by Jewish Family & Children’s Service.
Elder Support Services
Phone: 314-989-1000  Fax: 314-989-1100
539 Virginia, St. Louis, MO 63119
Email: ess301@aol.com
Website: www.eldersupportservicesstl.com
Counties Served: St. Charles, St. Louis, St. Louis City
Hours: Monday to Friday, 9:00 am-5:00 pm  Fees: Call
Description: Elder Support Services help older adults and their families cope with the challenges of aging, including helping families search for appropriate care and support. We strive to help older adults maintain their independence and quality of life. We provide accompaniment to doctor appointments, geriatric assessments and ongoing support.

Excel Healthcare
Phone: 636-896-0505  Fax: 636-724-4244
1360 S. Fifth Street, #100, St. Charles, MO 63301
Email: office@excelhealthcare.com
Website: www.excelhealthcare.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis,
St. Louis City
Hours: 24/7  Fees: Call
Description: Provides assessment of older adult care needs; crisis intervention, advocacy, placement, referrals/resource identification.

Family Care Health Centers - Carondelet
Phone: 314-353-5190  Fax: 314-353-7631
401 Holly Hills Ave., St. Louis, MO 63111
Website: www.familycarehealthcenter.org
Counties Served: Franklin, Jefferson, St. Charles, St. Louis,
St. Louis City
Description: Family Care Health Centers provides affordable and accessible comprehensive primary medical, dental, optometry, nutrition, laboratory and pharmacy services. Board certified internal medicine physicians are on staff. Community health nurses provide home visits. Medication discounts available to eligible patients. All major insurance plans accepted. Evening and weekend hours are available.

A Frazier and Associates, LLC (Independent Nurse Case Management Company)
Phone: 636-978-2037  Fax: 636-978-8567
14 Wolf Creek Trail, St. Peters, MO 63376
Email: info@afrazierandassociates.com
Website: www.afrazierandassociates.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis,
St. Louis City
Hours: Any
Description: Services include RN case management, legal nurse consultant and in-home health evaluations. RNs licensed in 8 states. Medical billing, coding and transcription provided. RNs possess extensive clinical experience. Onsite RN Case management services also provided to area hospitals upon demand.

GenoMed, Inc.
Phone: 314-983-9933  Fax: 314-983-9939
9666 Olive Blvd., Suite 310, St. Louis, MO 63132
Email: dwmoskowitz@genomed.com
Website: www.genomed.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis,
St. Louis City, Bond, Clinton, Madison, Monroe, Randolph,
St. Clair, Washington
Hours: 9:00 am-5:00 pm  Fees: $75/month or $800/yr
Description: GenoMed is a genomics-based Disease Management company that believes it has discovered the major aging gene.

H.E.L.P.S. (Helping Elderly Live Privately & Safely)
Phone: 314-913-4142
P.O. Box 270013, St. Louis, MO 63127
Email: aging@consultant.com
Counties Served: Jefferson, St. Louis, St. Louis City
Hours: On 24 hour call Fees: Sliding
Description: We offer in-home assessments to discuss your options available for you to remain at home and prevent nursing home placement. Also provide advocacy for those who need to enter a facility and need assistance or peace of mind.

Jewish Family & Children’s Service
Phone: 314-993-1000  Fax: 314-812-9398
10950 Schuetz Rd., St. Louis, MO 63146
Email: jfcs@jfcs-stl.org  Website: www.jfcs-stl.org
Counties Served: St. Charles, St. Louis, St. Louis City, St. Clair
Hours: Monday/Wednesday, 8:30 am-5:15 pm; Tuesday/Thursday, 8:30 am-8:30 pm; Friday, 8:30 am-5:00 pm
Fees: Sliding scale $0 - $100

Journeys In Aging, LLC
Phone: 314-303-8211  Fax: 314-966-5854
123 West Woodbine Ave., Suite G, St. Louis, MO 63122
Email: journeysinaging@sbcglobal.net
Counties Served: St. Louis, St. Louis City
Hours: 8:00 am-5:00 pm Monday to Friday.
Weekend or evening appointments available as needed.
Fees: Call for current fees.
Description: Partners with older adults and their families to help determine optimal resources allowing the senior adult the greatest possible degree of independence and quality of life. Comprehensive assessment, care planning, accessing resources, monitoring services, accompanying to medical appointments, help understanding medical insurance. Offers assurance to older adults, and peace of mind to families (in and out of town). With knowledge and compassion, traveling the journey of elder care with you.

Lutheran Senior Services Outreach Social Services
Phone: 314-446-2493  Fax: 314-446-2520
1150 Hanley Industrial Ct., St. Louis, MO 63144
Email: inhome@lssmo.org  Website: www.lssliving.org
Counties Served: Jefferson, St. Charles, St. Louis,
St. Louis City
Description: Lutheran Senior Services Outreach Social helps individuals living at home determine what community resources are available to either maintain or improve their independence. Assistance can be provided over the phone, through an in-home assessment, during an office consultation, or through geriatric care management.

Marilyn Bass, Geriatric Counseling
Phone: 636-256-2990, Cell: 314-488-6083
Fax: 636-256-2990
802 Villette Court, Ballwin, MO 63011
Counties Served: Jefferson, St. Louis
Description: Licensed clinical social worker provides home
When you have questions or concerns about aging, doesn’t it make sense to call the people who have the answers?

GERIATRIC CARE & CASE MANAGEMENT - Missouri

visits. Traditional Medicare covers cost. Circumstances which warrant supportive counseling include depression, lack of motivation, anxiety, caregiver stress, loss of a loved one, social isolation, changes in lifestyle or concerns about living arrangement, incapacitating health concerns, and recurrent hospitalizations. Knowledgeable about St. Louis resources.

Martha’s Hands Home Health
Phone: 314-965-4350 Fax: 314-965-0123
5650 Mexico Road, Suite 12, St. Peters, MO 63376
Email: staffing@marthashands.com
Website: www.marthashands.com
Counties Served: St. Charles, St. Louis, St. Louis City
Description: Partners with the family to assist the client in maintaining their independence. Our nurse conducts an initial assessment to develop a customized care plan. Clinical support with medications, doctor’s appointments, skilled nursing procedures and care plan supervising available. Resources are recommended to assist clients with their other needs.

Martha’s Hands Home Health
Phone: 314-965-4350 Fax: 314-965-0123
11906 Manchester Road, Suite 204, Des Peres, MO 63131
Email: staffing@marthashands.com
Website: www.marthashands.com
Counties Served: St. Charles, St. Louis, St. Louis City
Description: Partners with the family to assist the client in maintaining their independence. Our nurse conducts an initial assessment to develop a customized care plan. Clinical support with medications, doctor’s appointments, skilled nursing procedures and care plan supervising available. Resources are recommended to assist clients with their other needs.

It’s OK… to ask for help.

When you have questions or concerns about aging, call your partner in care.

St. Andrews SENIOR SOLUTIONS
Tel. 314-726-5766
www.standrewsseniorsolutions.com

Supportive Services
- Help with grooming and bathing
- Home cleaning, laundry and meals
- Transportation/escort to the doctor or social events
- Running errands

Care Management Services
- Assess the needs of older adults and their families
- Provide direction through the maze of services
- Coordinate, monitor services
- Provide counsel and support with difficult decisions

Specialty Services
- Geriatric massage therapy
- Medication management
- Diabetic Management
- Live-in companion
- Minor home repair
- Additional care/services for residents of retirement communities

Medi-Plex Healthcare Professionals
Phone: 314-721-3434 Fax: 314-721-7280
200 S. Hanley Rd, Clayton, MO 63105
Email: tawana.spann@mediplexhealth.com
Website: mediplexhealth.com
Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Clinton, Madison, St. Clair

Memory Care Home Solutions
Phone: 314-426-MCHS (4267) Fax: 314-426-6249
10784 Indian Head Industrial Blvd., St. Louis, MO 63132
Website: www.memorycareshs.org
Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City, Madison, St. Clair
Hours: Call Fees: Call
Description: Memory Care Home Solutions is a unique year-long program designed specifically to reduce caregiver stress and improve time at home for families caring for a loved one with memory loss. Customized, hands-on training, in-home consultations, coupled with individualized strategy plans give caregivers the skills to manage daily stress and transform the home into a place of safety and comfort for everyone who lives there. We are a not-for-profit organization.

Metropolitan Older Adult Resources (MOAR) for Life
Phone: 314-664-9700 Fax: 314-664-9701
2000 S 11th St, St. Louis, MO 63104
Email: ericsundvold@moarforlife.net

Pathways for Aging
...solutions for an aging population
In-home assessment care management – counseling
Are you or an aging family member:
- Finding it difficult to live independently?
- Experiencing stress related to caregiving?
- Experiencing depression or anxiety?
You are not alone. Pathways for Aging can help.
314.361.3530
www.pathwaysforaging.com
Medicare and Insurance billed for qualifying services
**Geriatric Care & Case Management - Missouri**

**Website:** www.MOARforLife.net  
**Counties Served:** St. Louis, St. Louis City  
**Hours:** Monday - Thursday, 9:00 am-5:00 pm  
**Fees:** $70 per consultation  
**Description:** MOAR for Life is an enterprise operating under the umbrella of the SGSM Network (formerly South Grand Senior Ministry). MOAR for Life offers a number of services that enable older adults to continue to live independently in their own homes, including Geriatric Care Management, transportation, home repair and adaptation, health resources, social engagement, referrals, and more. Call today for more information!

**Mid-East Area Agency on Aging**  
**Phone:** 636-207-0847  
**Fax:** 636-207-1329  
**14535 Manchester Road, Manchester, MO 63011**  
**Email:** info@mid-eastaaa.org  
**Website:** www.mid-eastaaa.org  
**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis  
**Hours:** 8:30 am-4:30 pm  
**Fees:** Voluntary contribution  
**Description:** Case managers work privately with older adults and their families to create a plan of care that meets the needs of the older adult. They will meet with you to help you understand your loved one’s needs and to learn what resources and options are available to meet those needs.

**Missouri Veterans Home - St. Louis**  
**Phone:** 314-340-6389  
**Fax:** 314-340-6379  
**10600 Lewis and Clark Blvd., St. Louis, MO 63136**  
**Email:** Syrita.Clerk@mvc.dps.mo.gov  
**Website:** www.mvc.dps.mo.gov  
**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City  
**Hours:** 8:00 am-4:30 pm  
**Fees:** Variable  
**Description:** The Missouri Veterans Home-St. Louis is a 300 bed long-term care facility conveniently located in North St. Louis County. MVH-St. Louis provides nursing home care to eligible U.S. veterans of our military services.

**Next Step/Elder Assist (The)**  
**Phone:** 314-821-9111  
**Fax:** 314-821-7082  
**2190 S. Mason Rd., Suite 205, St. Louis, MO 63131**  
**Email:** mcodyreckert@elderassist.com  
**Website:** www.elderassist.com  
**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City  
**Hours:** 8:00 am-4:30 pm  
**Fees:** Variable  
**Description:** The Missouri Veterans Home-St. Louis is a 300 bed long-term care facility conveniently located in North St. Louis County. MVH-St. Louis provides nursing home care to eligible U.S. veterans of our military services.

**Pathways for Aging**  
**Phone:** 314-361-3530  
**Fax:** 314-685-1047  
**6614 Clayton Rd., #235, St. Louis, MO 63117**  
**Email:** info@pathwaysforaging.com  
**Website:** www.pathwaysforaging.com  
**Counties Served:** Jefferson, St. Charles, St. Louis, St. Louis City  
**Hours:** Monday to Friday, 8:30 am-5:00 pm; weekend/evening appointments available; on call 24/7  
**Fees:** $100/hour  
**Description:** Helping you care for the older adult in your life through comprehensive in-home geriatric assessment of physical, psychological and social needs of the older adult as well as the needs of the caregiver. Customized ongoing care management services are available. Services are provided by experienced Licensed Clinical Social Workers.

**Pope Institute for Health and Education, LLC**  
**Phone:** 314-830-9000  
**Fax:** 314-830-9003  
**3831 Vaile Avenue, #80, St. Louis, MO 63034**  
**Email:** info@popeinstitute.com  
**Website:** www.popeinstitute.com  
**Counties Served:** St. Charles, St. Louis, St. Louis City, Madison, St. Clair  
**Description:** Pope Institute provides seminars and family workshops on elderly health care. As elder care advocates our primary goal is elder care consumer education. We provide care management services specifically for seniors and disabled adults who need advocacy and representation during a nursing home stay and those who have equipment, home modification, and support resource needs to stay at home.

**Rancho Manor**  
**Phone:** 314-839-2150  
**Fax:** 314-839-8736  
**615 Rancho Lane, Florissant, MO 63031**  
**Email:** ranchomanor@yahoo.com  
**Counties Served:** St. Charles, St. Louis, St. Louis City  
**Hours:** 24/7  
**Fees:** $135.00 daily rate  
**Description:** Rancho Manor is a skilled nursing facility that provides rehab service, for long term or short term placement, hospice, respite care.

**Secure Horizons by United Healthcare**  
**Phone:** 314-592-7990  
**Fax:** 314-592-7657  
**13655 Riverport Drive, Maryland Heights, Mo 63043**  
**Email:** deborah_l_schmidt@uhc.com  
**Website:** www.SecureHorizons.com  
**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Madison, Monroe, St. Clair  
**Description:** Secure Horizons by United Healthcare has a contract with the Centers for Medicare and Medicaid Services that allows us to offer a Medicare Advantage Plans. These Medicare Advantage plans are called MedicareComplete® by SecureHorizons. SecureHorizons® Medicare Advantage plans offer much more than Original Medicare. It’s designed to help eliminate paperwork and reduce costs.
Senior LIFEsteps brought to you by Lutheran Senior Services
Phone: 314-446-2475  Fax: 314-446-2520
1150 Hanley Industrial Ct., St. Louis, MO 63144
Email: inhome@lssmo.org
Website: lssliving.org
Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City
Hours: Call  Fees: Call
Description: A Senior LIFEsteps screening looks at the tasks an individual has to do and wants to do, then compares his or her living arrangements with what has worked best to maintain or improve the well being of other seniors. Results help you learn about resources and options giving you a direction for your next step in determining care and living arrangements.

St. Andrew’s Senior Solutions
Phone: 314-726-5766  Fax: 314-726-5719
6633 Delmar Boulevard, Suite 200, St. Louis, MO 63130
Email: tvaulghn@standrews1.com
Website: www.standrewsseniorsolutions.com
Counties Served: St. Charles, St. Louis, St. Louis City
Hours: 24/7  Fees: Sliding scale
Description: Eldercare specialist provide assessment, information, counseling, and support to older adults and families to navigate the maze of resources, coordinate care, and identify the appropriate organizations for assistance.

St. Louis Area Agency on Aging
Phone: 314-612-5918  Fax: 314-612-5915
1520 Market Street, Room 4086, St. Louis, MO 63103
Email: slaaa@stlouiscity.com  Website: www.slaaa.org
Counties Served: St. Louis City
Hours: 8:00 am-5:00 pm, Monday to Friday
Fees: No charge, donations welcome
Description: The St. Louis Area Agency on Aging (SLAAA) provides a comprehensive and coordinated system of community-based services for older adults living in the City of St. Louis. SLAAA provides services at no charge for anyone over 60 living in the City of St. Louis, but contributions are always welcome.

Transition Care Partners
Phone: 636-398-4368  Fax: 636-398-4368
5 Greenview Dr., Defiance, MO 63341
Email: TCP2005@hotmail.com
Counties Served: St. Charles, St. Louis
Hours: Negotiable  Fees: Negotiable
Description: Transition Care Partners was created to assist families caring for aging relatives by providing resource referrals, counseling, and case management. Working together, we can help senior adults maintain maximum levels of independence as we help families deal with the transition to the next phase of their lives.

Transition Strategies
Phone: 314-812-9333  Fax: 314-812-9399
10950 Schuetz Road, St. Louis, MO 63146
Email: transstrat@yahoo.com
Website: www.transitionstrategiesllc.com
Counties Served: St. Charles, St. Louis, St. Louis City
Hours: 8:30 am – M-F, weekend and evening hours available by appointment
Fees: $250.00 for initial assessment, $100.00/hour for ongoing care management, Medicare and Insurance billed for qualifying service
Description: Provides one stop shopping for eldercare information. A counselor-consultant evaluates the needs of your aging relative and guides you in the appropriate direction for care. They also specialize in helping families and older adults with the emotional aspects of these decisions. Counselor-consultants are licensed clinical social workers with over 20 years of experience working with older adults and their families.

Do you feel your parent is safe? Are you worried that they may not be eating well or taking their meds properly?
Our Geriatric Care Managers advocate for seniors and the disabled, helping them to function independently.
We interface with other professionals to collaborate for the needs of our clients.
We act as the surrogate daughter who manages and coordinates care and then reassures the family that their loved one is safe.

A+ Aging Advantage provides geriatric professionals to:
✔ Assess conditions and formulate Plan of Care
✔ Plan for future needs
✔ Coordinate in-home or facility services
✔ Educate caregivers and elders
✔ Match financial resources and needs

A+ Aging Advantage
www.aplusaging.com
314-761-9157
Private Pay
GERIATRIC CARE & CASE MANAGEMENT

A W Healthcare
Phone: 618-344-8800  Fax: 618-344-8020
540 Regency Centre, Collinsville, IL 62234
Email: il@awhealthcare.net  Website: www.awhealthcare.net

Chestnut Health Systems
Phone: 618-397-0900
12 North 64th Street, Belleville, IL 62226
Website: www.chestnut.org  Counties Served: St. Clair
Hours: Monday, Thursday, and Friday 8:00 am to 5:00 pm;
Tuesday and Wednesday 8:00 am to 8:00 pm.
Fees: Depends on which services are being used
Description: The office is open Monday, Thursday, and Friday from 8:00 am to 5:00 pm, and Tuesday and Wednesday from 8:00 am to 8:00 pm. This agency offers credit counseling services and bankruptcy counseling.

Children’s Home and Aid Society of Illinois
Phone: 618-467-9200  Fax: 618-467-9136
2133 Johnson Rd., #101, Granite City, IL 62040
Email: Ldurzo@sw.chasi.org  Website: www.chasi.org
 Counties Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington
Hours: Monday to Friday, 8:30 am to 4:30 pm
Fees: Depends on which services are offered
Description: This facility offers several different services that include: adoptions services, support groups, case management services, services for grandparents raising grandchildren, and many more services.

Community Counseling Center of N. Madison Co.
Phone: 618-462-2331  Fax: 618-462-2504
2615 Edwards St., Alton, IL 62002
Website: www.cccnmc.org  Counties Served: Bond, Madison
Hours: 9:00 am to 5:00 pm, Monday to Friday
Fees: Sliding scale and/or free
Description: Care management, senior support services, and caregiver counseling services for adults aged 60 and over. Caregiver counseling only in Bond County.

Huffman Law Offices, P.C.
Phone: 618 344 9330  Fax: 618 344 9903
2225 North Center, Maryville, IL 62062
Email: mhuffman@huffmanlawoffices.com
Website: www.huffmanlawoffices.com
 Counties Served: Bond, Madison, St. Clair
Hours: 9:00 am to 5:00 pm  Fees: Please contact office
Description: We provide a comprehensive evaluation of client's situation by a Registered Nurse Elder Care Consultant with referrals to appropriate services, facilities, and benefits. We also provide advocacy checks and liaison services to out of town family members to ensure quality of care and to provide peace of mind.

Human Support Services
Phone: 618-939-4444, 618-939-2043  Fax: 618-939-4181
988 North Illinois Route 3, Waterloo, IL 62298
Email: hss@htc.net  Website: www.hss1.org/index.htm

Illinois Department of Human Services
Phone: 618-257-7400, 618-257-7422  Fax: 618-257-7408
1220 Centerville Ave., Belleville, IL 62220
Website: www.dhs.state.il.us  Counties Served: St. Clair
Hours: Monday to Friday 8:30 am to 5:00 pm
Fees: Depends on which services are being used
Description: This office offers several different services such as: alcoholism and substance abuse services and programs, developmental disability services and programs, mental health services, aid to the aged, blind, or disabled program, rehabilitation services, and many more services are available. The office is open Monday through Friday from 8:30 am to 5:00 pm except on state and federal holidays.

Charles W. Lagoski, D.O.
Phone: 618 526-7271  Fax: 618 526-8248
9401 Holy Cross Lane, Suite 113, Breese, IL 62230
Email: bkuhl1@charterinternet.com
 Counties Served: Clinton
Hours: Monday, Tuesday, Thursday & Friday 9:00 am-5:00 pm
Fees: Medicare accepted.

SIU School of Medicine Memory and Aging Network
Phone: 217-545-8417  Fax: 217-545-1903
P. O. Box 19643, Springfield, IL 62794-9643
Email: gkyrouac@siumed.edu  Website: www.siumed.edu/alz
 Counties Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington
Hours: 8:00 am-4:30 pm  Fees: Varies
Description: The Southern Illinois University School of Medicine Memory and Aging Network, headquartered in Springfield, Illinois, provides memory and aging related services in 93 rural and downstate Illinois counties. Services may include clinical memory and cognition assessments for individuals, counseling and referral services for individuals and families and community-based education.

Southwestern Illinois Visiting Nurse Association
Phone: 618-236-5863, 800-642-5429,
Fax: 618-236-5859
7 Executive Woods, Swansea, IL 62226-2016
Email: mike@sivna.com  Website: www.sivna.com/
 Counties Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington
Hours: Monday to Friday 8:00 am-4:00 pm
Fees: Depends on which services are being used
Description: The agency offers investigation services on reported abuse. Clients will have their own case worker and they will be monitored and connected with services. Other services offered include: case management, CCP case management, homemaker services, nutrition counseling, respite in-home, elder abuse and neglect, circuit breaker, and CCP nursing home prescreen.