

geriatric care & case management



A geriatric care manager is a health and human services professional, such as a gerontologist, nurse, social worker, or psychologist with a specialized focus on issues related to aging and elder care. Geriatric care managers work privately with older adults and their families to create a plan of care that meets the needs of the older adult.

Missouri Listings

ACM Care (Autonomous Case Management)

Phone: 314-293-0697

483 S. Kirkwood #221, St. Louis, MO 63122

Email: jhess@ACMCare.org Website: www.ACMCare.org

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City, Madison, St. Clair In Business Since: 1999

Description: Looking for elder care solutions? We have them! Our specialists and Registered Nurses can assist you or your loved one with a variety of elder care concerns from day-to-day issues to medical management. See ad on first page after front cover of this Resource Guide to learn more. Call today for your free needs assessment!

Hours: Varies Fees: \$50 - \$150/hour

Advanced Nursing Services

Phone: 314-863-3030 Fax: 314-863-3070

141 North Meramec Ave., #102, Clayton, MO 63105

Email: contact@advancednursing.org

Website: www.advancednursing.org

Description: Advanced Nursing Services has been providing quality private duty nursing care since 1984. We accommodate the personal needs and situation of each individual. Our staff includes skilled nurses as well as certified nurse aids. A visit and assessment by our RN supervisor is available at no cost or obligation to individuals. Furthermore our services are available 24 hours a day 7 days a week and overseen by our RN supervisor.

Hours: Call Fees: Call

Affordable Alternatives in Aging

Phone: 314-608-7951 Fax: 314-487-8562

3915 Southern Aire, St. Louis, MO 63125

Email: dmagee55@sbcglobal.net

Counties Served: St. Louis, St. Louis City

In Business Since: 2005

Description: Geriatric care management to help you to live independently as long as possible. Complete assessment with care plan, resource eligibility and referral, crisis intervention, monitoring of services, education and advocacy

Hours: 24 hour availability Fees: Call for rates

Aging Well

Phone: 314-962-9115 - 9414 Pine Ave., St. Louis, MO 63144

Email: mangej@msn.com

Counties Served: St. Charles, St. Louis, St. Louis City

In Business Since: 1999

Description: Geriatric care management with 24-hour availability. Helping you to make informed choices to maintain independence and quality care. Assessment evaluates the client and family unit to determine available options and resources, and to develop a plan which will enhance the client's feelings of independence, control and wellness.

Hours: 24 hours/day, 7 days/week Fees: Call for information

Alpha Care, Inc.

Phone: 314-993-2273 Fax: 314-993-1196

9312 Olive Boulevard, St. Louis, MO 63132

Email: alphacare@alphahh.com Website: www.alphahh.com

Aging can be difficult.

When faced with major changes in ability, health or mental status, making the right decision can be confusing and complicated.

Continuum offers...

- Care Coordination
- Resource Referrals
- Counseling & Support
- Assessments and much more



Please visit ContinuumCare.com for FREE online resources.

Locally owned and operated by Barth Holohan, MSW, MBA

ContinuumCare.com • Phone (314) 863-9912 • (636) 861-3336 • info@ContinuumCare.com

GERIATRIC CARE & CASE MANAGEMENT Continued - Missouri

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

In Business Since: 1976

Description: A full service agency able to provide the complete circle of care, meeting all of your home health care needs. We assist in making the best choices to meet your home care needs. We answer any of your home health care questions.

Angels In The Attic, Inc.

Phone: 314-497-7787 **Fax:** 314-317-9023

207 Ambridge Ct, Unit 205, Chesterfield, MO 63017

Email: ANGELSINTHEATTIC2007-LYNN@YAHOO.COM

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City, St. Clair **In Business Since:** 2007

Description: Specializing in selection of housing for the elderly or persons with disabilities including current home assessment for safety and planning for future needs.

Hours: By appointment **Fees:** \$75/in-home assessment

Astva Home Health Agency

Phone: 314-863-3700 **Fax:** 314-863-3144

34 North Brentwood Blvd., #16, St. Louis, MO 63105

Email: astva@sbcglobal.net

Website: www.astvahomecare.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

In Business Since: 2005

Description: Healthcare for Medicare homebound patients.

Preventive and disease management continuing care delivered by licensed Registered Nurses, Physical Therapy, Occupational Therapy and Certified Nurse Assistants. We also provide referrals to home health visit physicians specializing in different areas and Nurse Practitioners in St. Louis City and County.

Hours: 24 hours, 7 days/week **Fees:** Based on assessment

Marilyn Bass, Geriatric Counseling

Phone: 636-256-2990, Cell: 314-488-6083 **Fax:** 636-256-2990

802 Villette Court, Ballwin, MO 63011

Counties Served: Jefferson, St. Louis

Description: Licensed clinical social worker provides home visits. Traditional Medicare covers cost. Circumstances which warrant supportive counseling include depression, lack of motivation, anxiety, caregiver stress, loss of a loved one, social isolation, changes in lifestyle or concerns about living arrangement, incapacitating health concerns, and recurrent hospitalizations. Knowledgeable about St. Louis resources.

Bi-Lingual International Assistant Services

Phone: 314-692-9010 **Fax:** 314-692-9014

8390 Delmar Blvd., Suite 210, St. Louis, MO 63124

Email: bilingualstl@cs.com **Website:** www.bilingualstl.org


Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City

In Business Since: 2002

Description: Geriatric assessment, service plan and full case management in persons' homes; family and individual therapy, and planning services.

Hours: Monday to Friday, 9:00am - 5:00pm

Fees: Sliding fee scale, Medicare, Medicaid, some forms of insurance



Pathways
for Aging

...solutions for
an aging population

**In-home assessment
care management – counseling**


Are you or an aging family member:

- Finding it difficult to live independently?
- Experiencing stress related to caregiving?
- Experiencing depression or anxiety?

You are not alone.
Pathways for Aging can help.

314.361.3530
www.pathwaysforaging.com

Medicare and
Insurance billed for
qualifying services

Member


Quality care where you need it most... in your home!



ASTVA
Home Health Agency



(314) 863-3700
www.astvahomecare.com

For Medicare Home Bound patients in need! Our medical staff shown to deliver preventive and disease management continuing care by licensed Registered Nurse, Physical Therapy, Occupational Therapy and Certified Nurse Assistant. We also provide referrals to Home Visit Physicians and Nurse Practitioners in St. Louis City and County. Please give us a chance to show you what future medical care can deliver.

Callen Case Management Services

Phone: 314-265-7059 **Fax:** 877-265-1695

P.O. Box 864, Cheseterfield, MO 63006

Email: rhondacallenplatt@yahoo.com

Website: www.seniorcasemanagementservices.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: Provide in-home assessments of client needs, resource finding, placement, counseling, education, and advocacy. Public speaking in the community on topics relating to aging.

Hours: By appointment **Fees:** \$125/hour

Cardinal Ritter Senior Services (Social Services Department)

Phone: 314-918-2258

7601 Watson Rd., St. Louis, MO 63119

Email: bobermark@ccstl.org

Website: www.ccstl.org/crss

Counties Served: St. Louis, St. Louis City

Description: Provides information, assist and case management. Helps caregivers to give help to senior adults with problems.

Hours: Monday to Friday, 8:30am – 5:00pm **Fees:** Call

Comprehensive Care Management and Consulting, LLC

Phone: 314-544-8306

Fax: 314-544-83069336 Rambler Drive, St. Louis, MO 63123

Email: mary_ahern@sbcglobal.net

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Monroe

In Business Since: 1998

Description: Tailored case management services include problem solving/identification, care coordination and care planning. Case management services include client advocacy, follow-along and monitoring.

Hours: As needed **Fees:** Negotiable

Continuum

Phone: 314-863-9912, 636-861-3336 **Fax:** 314-863-9918

12882 Manchester Road, Suite 201, St. Louis, MO 63131

Email: info@ContinuumCare.com

Website: www.ContinuumCare.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

In Business Since: 2002

Description: Continuum's experienced and professional care managers make a difference. We provide regular client visits to monitor physical condition and encourage compliance with prescribed therapy; working and coordinating with physicians on appropriate care and medication; counseling and psychotherapy, coordination of services inside or outside the home; providing assessments and ongoing counseling; updating family members and professionals on the plan of care; ensuring that there is an adequate stock of food, medications and medical supplies in the home; and serving as a contact person for physicians, EMS and emergency room staff in the case of a medical emergency.

Hours: 24/7 **Fees:** Call for fees

County Older Resident Programs

Phone: 314-615-4516 **Fax:** 314-615-7619

121 South Meramec, Clayton, MO 63105

Counties Served: St. Louis **In Business Since:** 1975

Hours: Monday to Thursday, 8:00am - 5:00pm; Friday, 8:00am - 2:00pm **Fees:** None

Dignified Aging Consults

Phone: 314-361-2060

4400 Lindell Blvd., Suite 23J, St. Louis, MO 63108

Email: harriettellermann@sbcglobal.net

Website: www.dignifiedagingconsults.net

Counties Served: Franklin, St. Louis, St. Louis City

In Business Since: 2006

Description: Assessments of elder's needs within their living environments/once needs are determined coordination of necessary services for home care, scheduling of doctor's appointments, referrals to private and community resources.

Hours: By appointment **Fees:** Call

Elder Support Services

Phone: 314-989-1000 **Fax:** 314-989-1100

539 Virginia, St. Louis, MO 63119

Email: ess301e@aol.com

Website: www.eldersupportservicesstl.com

Counties Served: St. Charles, St. Louis, St. Louis City

Description: Elder Support Services help older adults and their families cope with the challenges of aging, including helping families search for appropriate care and support. We strive to help older adults maintain their independence and quality of life. We provide accompaniment to doctor appointments, geriatric assessments and ongoing support.

Hours: Monday to Friday, 9:00am – 5:00pm **Fees:** Call

Excel Healthcare

Phone: 636-896-0505 **Fax:** 636-724-4244

1360 S. Fifth Street, #100, St. Charles, MO 63301

Email: office@excelhealthcare.com

Website: www.excelhealthcare.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: Provides assessment of older adult care needs; crisis intervention, advocacy, placement, referrals/resource identification. **Hours:** 24/7 **Fees:** Call

Family Care Health Centers – Carondelet

Phone: 314-353-5190 **Fax:** 314-353-7631

401 Holly Hills Ave., St. Louis, MO 63111

Family Care Health Centers – Forest Park Southeast

Phone: 314-531-5444 **Fax:** 314-531-0063

4352 Manchester Ave., St. Louis, MO 63110

Website: www.familycarehealthcenter.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Description: Family Care Health Centers provides affordable and accessible comprehensive primary medical, dental, optometry, nutrition, laboratory and pharmacy services. Board certified internal medicine physicians are on staff. Community health nurses provide home visits. Medication discounts available to eligible patients. All major insurance plans accepted. Evening and weekend hours are available.

GenoMed, Inc.

Phone: 314-983-9933 **Fax:** 314-983-9939

9666 Olive Blvd., Suite 310, St. Louis, MO 63132

Email: dwmoskowitz@genomed.com

Website: www.genomed.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington **In Business Since:** 2001

Description: *GenoMed is a genomics-based disease management company that believes it has discovered the major aging gene.*

Hours: Monday to Friday, 9:00am – 5:00pm

Fees: \$75/month or \$800/yr.

H.E.L.P.S. (Helping Elderly Live Privately & Safely)

Phone: 314-913-4142

P.O. Box 270013, St. Louis, MO 63127

Email: aging@consultant.com

Counties Served: Jefferson, St. Louis, St. Louis City

In Business Since: 2000

Description: *Providing personalized care management, advocacy and oversight for seniors who want to remain in their homes. Also provide additional support or monitoring for those in a facility to ensure quality of care.*

Hours: On 24-hour call **Fees:** Sliding

Home Care Assistance of St. Louis

Phone: 314-863-8989, 1-866-4-LiveIn **Fax:** 314-863-8977

7805 Clayton Rd., St. Louis, MO 63117

Email: info@hcamo.com

Website: www.HomeCareAssistance.com

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: *Geriatric MSW social worker works with you to develop personalized care plan and provides ongoing case management. Strong network of resources for consultation and referral as needed. Fully bonded and insured caregivers. Member – National Private Duty Association and Better Business Bureau of E. Missouri and S. Illinois.*

Hours: Monday to Friday, 9:00am – 5:30pm, Phones answered 24/7

Fees: Call

Jewish Family & Children's Service

Phone: 314-993-1000 **Fax:** 314-812-9398

10950 Schuetz Rd., St. Louis, MO 63146

Email: jfcs@jfcs-stl.org **Website:** www.jfcs-stl.org

Counties Served: St. Charles, St. Louis, St. Louis City, St. Clair

Hours: Monday/Wednesday, 8:30am - 5:15pm; Tuesday/

Thursday, 8:30am - 8:30pm; Friday, 8:30am - 5:00pm

Fees: Sliding scale \$0 - \$100

Journeys In Aging, LLC

Phone: 314-303-8211 **Fax:** 314-966-5854

123 West Woodbine Ave., Suite G, St. Louis, MO 63122

Email: journeysinaging@sbcglobal.net

Counties Served: St. Louis, St. Louis City

In Business Since: 2007

Description: *Partners with older adults and their families to help determine optimal resources allowing the senior adult the greatest possible degree of independence and quality of life. Comprehensive assessment, care planning, accessing resources, monitoring services,*

accompany to doctors appointments, help understanding medical insurance. Offers assurance to older adults, and peace of mind to families (in and out of town). With knowledge and compassion, traveling the journey of elder care with you.

Hours: Monday to Friday, 8:00am- 5:00pm. Weekend or evening appointments available as needed. **Fees:** Call

Medi-Plex Healthcare Professionals

Phone: 314-721-3434 **Fax:** 314-721-7280

200 S. Hanley Rd., Clayton, MO 63105

Email: tawana.spann@mediplexhealth.com

Website: mediplexhealth.com

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Clinton, Madison, St. Clair

In Business Since: 2002

Memory Care Home Solutions

Phone: 314-426-MCHS (4267) **Fax:** 314-426-6249

10784 Indian Head Industrial Blvd., St. Louis, MO 63132

Website: www.memorycarehs.org

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City, Madison, St. Clair

Description: *Memory Care Home Solutions is a unique year-long program designed specifically to reduce caregiver stress and improve time at home for families caring for a loved one with memory loss. Customized, hands-on training, in-home consultations, coupled with individualized strategy plans give caregivers the skills to manage daily stress and transform the home into a place of safety and comfort for everyone who lives there. We are a not-for-profit organization.*

Hours: Call **Fees:** Call

Metropolitan Older Adult Resources (MOAR) for Life

2000 S 11th St., St. Louis, MO 63104

Phone: 314-664-9700 **Fax:** 314-664-9701

Email: ericsundvold@moarforlife.net

Website: www.MOARforLife.net

Description: *MOAR for Life is an enterprise operating under the umbrella of the SGSM Network (formerly South Grand Senior Ministry). MOAR for Life offers a number of services that enable older adults to continue to live independently in their own homes, including Geriatric Care Management, transportation, home repair and adaptation, health resources, social engagement, referrals, and more. Call today for more information!*

Mid-East Area Agency on Aging

Phone: 636-207-0847 **Fax:** 636-207-1329

14535 Manchester Road, Manchester, MO 63011

Email: info@mid-eastaaa.org **Website:** www.mid-eastaaa.org

Counties Served: Franklin, Jefferson, St. Charles, St. Louis

In Business Since: 1973

Description: *MEAAA provides services and information to people age 60 and older and their caregivers in the counties of St. Louis, St. Charles, Franklin and Jefferson.*

Hours: Monday to Friday, 8:30am - 4:30pm

Fees: Voluntary contribution

Missouri Veterans Home - St. Louis

Phone: 314-340-6389 **Fax:** 314-340-6379

10600 Lewis and Clark Blvd., St. Louis, MO 63136

Email: Syrita.Clerk@mvc.dps.mo.gov

Website: www.mvc.dps.mo.gov

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City **In Business Since:** 1992

GERIATRIC CARE & CASE MANAGEMENT Continued - Missouri

Description: *The Missouri Veterans Home-St. Louis is a 300 bed long-term care facility conveniently located in North St. Louis County. MVH-St. Louis provides nursing home care to eligible U.S. veterans of our military services.*

Hours: Monday to Friday, 8:00am – 4:30pm **Fees:** Variable

Pathways for Aging

Phone: 314-361-3530 **Fax:** 814-286-1313

6614 Clayton Rd., #235, St. Louis, MO 63117

Email: info@pathwaysforaging.com

Website: www.pathwaysforaging.com

Counties Served: St. Charles, St. Louis, St. Louis City, Madison, St. Clair

Description: *Individualized in-home geriatric assessment, resources, support and case management for older adults and their families. Assist older adults and families in developing a plan and providing support, as they cope with the impact of aging. Ongoing monitoring and regular reporting to caregivers is available. All services provided by an experienced, licensed, masters level social workers.*

Hours: Monday to Friday, 8:30am – 5:00pm; weekend/evening appointments available; on call 24/7 **Fees:** \$100/hour

Pope Institute for Health and Education, LLC

Phone: 314-830-9000 **Fax:** 314-830-9003

3831 Vaile Avenue, #80, St. Louis, MO 63034

Email: info@popeinstitute.com

Website: www.popeinstitute.com

Counties Served: St. Charles, St. Louis, St. Louis City, Madison, St. Clair

In Business Since: 2007

Description: *Pope Institute provides seminars and family workshops on elderly health care. As elder care advocates our primary goal is elder care consumer education. We provide care management services specifically for seniors and disabled adults who need advocacy and representation during a nursing home stay and those who have equipment, home modification, and support resource needs to stay at home.*

SecureHorizons

Phone: 314-592-7520

Fax: 314-592-7657

13655 Riverport Drive,

Maryland Heights, MO 63043

Email: stephen_m_lasko@uhc.com

Website: www.SecureHorizons.com

Counties Served: St. Louis

Description: *SecureHorizons® by United Healthcare has a contract with the Centers for Medicare and Medicaid Services that allows us to offer a Medicare Advantage Plans. These Medicare Advantage plans are called MedicareComplete® by SecureHorizons. SecureHorizons® Medicare Advantage plans offer much more than Original Medicare. It's designed to help eliminate paperwork and reduce costs.*

St. Andrews Senior Solutions

Phone: 314-726-5766

Fax: 314-726 5719

6633 Delmar Boulevard, Suite 200, St. Louis, MO 63130

Email: tvaughn@standrews1.com

Website: www.standrewseniorsolutions.com

Counties Served: St. Louis, St. Louis City

In Business Since: 1961

Description: *St. Andrew's Senior Solutions offer choices and options for the older adult and their family caregiver to minimize stress, provide peace of mind, and support through the difficult transition of aging.*

St. Louis Area Agency on Aging

Phone: 314- 612-5918 or 877-612-5918

Fax: 314-612-5915

634 N. Grand, 7th Floor, St. Louis, MO 63103

Email: slaaa@stlouisacity.com

Website: www.slaaa.org

Counties Served: St. Louis City

In Business Since: 1960

Description: *The St. Louis Area Agency on Aging (SLAAA) provides a comprehensive and coordinated system of community-based services for older adults living in the City of St. Louis. SLAAA provides services at no charge for anyone over 60 living in the City of St. Louis, but contributions are always welcome.*

Hours: Monday to Friday, 8:00am - 5:00pm

Fees: No charge, donations welcome

It's OK... to ask for help.

When you have questions or concerns about aging, doesn't it make sense to call the people who have the answers?

St. Andrew's
SENIOR SOLUTIONS

Tel. 314-726-5766

www.standrewseniorsolutions.com

SUPPORTIVE SERVICES

- Help with grooming and bathing • Home cleaning, laundry and meals
- Transportation/escort to the doctor or social events • Running errands

ELDERCARE SPECIALISTS

- Assess the needs of older adults and their families
- Provide direction through the maze of services
 - Coordinate, monitor services
- Provide counsel and support with difficult decisions

SPECIALTY SERVICES

- Geriatric massage therapy • Medication management
 - Live-in companion • Minor home repair
- Additional care/services for residents of retirement communities



Independence Security Compassion

SENIOR SOLUTIONS is an affiliate of St. Andrew's Resources for Seniors, a nonprofit organization serving older adults and their families since 1961.



The Next Step/Elder Assist

Phone: 314-821-9111 **Fax:** 314-821-7082
2190 S. Mason Rd., St. Louis, MO 63131
Email: thenextstep@elderassist.com **Website:** www.elderassist.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City
In Business Since: 1989
Description: *Our Geriatric Care Managers assess the needs of the client and make recommendations for a plan of care. We find needed services, assist in crisis intervention and monitor the care needs of the individual. Individual and family counseling available.*
Hours: 24-hr. service **Fees:** \$95/hr.

Transition Care Partners

Phone: 636-398-4368 **Fax:** 636-398-4368
5 Greenview Dr., Defiance, MO 63341
Email: TCP2005@hotmail.com
Counties Served: St. Charles, St. Louis
In Business Since: 2005
Description: *Transition Care Partners was created to assist families caring for aging relatives by providing resource referrals, counseling, and case management. Working together, we can help senior adults maintain maximum levels of independence as we help families deal with the transition to the next phase of their lives.*
Hours: Negotiable **Fees:** Negotiable

Transition Strategies

Phone: 314-812-9333 **Fax:** 314-812-9399
10950 Schuetz Road, St. Louis, MO 63146
Email: transstrat@yahoo.com
Website: www.transitionstrategiesllc.com
Counties Served: St. Charles, St. Louis, St. Louis City
In Business Since: 4 years
Description: *Provides one stop shopping for eldercare information. A counselor-consultant evaluates the needs of your aging relative and guides you in the appropriate direction for care. They also specialize in helping families and older adults with the emotional aspects of these decisions. Counselor-consultants are licensed clinical social workers with over 20 years of experience working with older adults and their families.*
Hours: Monday to Friday, 8:30am – 5:15pm, weekend and evening hours available by appointment
Fees: \$250 for initial assessment, \$100/hour for ongoing care management, Medicare and Insurance billed for qualifying services

Veterans Home Care, LLC

Phone: 314-514-2444, 877-390-6377 **Fax:** 800-640-7988
11861 Westline Industrial Drive, Ste. 750, St. Louis, MO 63146
Email: howard@veteranshomecare.com
Website: www.veteranshomecare.com
Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington
In Business Since: 2003
Description: *Since 2003 providing a program designed to assist and manage at home personal care for veterans and surviving spouses in need of home care, who may be eligible to receive financial benefits from the Veterans Administration. Serving all of Missouri & Illinois, call regarding other states.*
Hours: Varies **Fees:** Call

Chestnut Health Systems

Phone: 618-397-0900
12 North 64th Street, Belleville, IL 62226
Website: www.chestnut.org
Counties Served: St. Clair
Description: *This agency offers credit counseling services and bankruptcy counseling.*
Hours: Monday, Thursday, and Friday 8:00am to 5:00pm; Tuesday and Wednesday 8:00am to 8:00pm
Fees: Depends on which services are being used

Children's Home and Aid

Society of Illinois

Phone: 800-467-9200
Fax: 618-452-5010
2133 Johnson Rd., #101, Granite City, IL 62040
Email: Ldurzo@sw.chasi.org
Website: www.chasiccrr.org
Counties Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington
Description: *This facility offers several different services that include: adoptions services, support groups, case management services, services for grandparents raising grandchildren, and many more services.*
Hours: Monday to Friday, 8:30am to 4:30pm
Fees: Depends on which services are offered

Community Counseling Center of N. Madison Co.

Phone: 618-462-2331
Fax: 618-462-2504
2615 Edwards St., Alton, IL 62002
Website: www.cccnmc.org
Counties Served: Bond, Madison
In Business Since: 1959
Description: *Care management, senior support services, and caregiver counseling services for adults aged 60 and over. Caregiver counseling only in Bond County.*
Hours: Monday to Friday, 9:00am to 5:00pm
Fees: Sliding scale and/or free

Huffman Law Offices, P.C.

Phone: 618-344-9330
Fax: 618-344-9903
2225 North Center, Maryville, IL 62062
Email: mhuffman@huffmanlawoffices.com
Website: www.huffmanlawoffices.com
Counties Served: Bond, Madison, St. Clair
In Business Since: 1994
Description: *Our office provides a holistic approach to estate planning that includes both the legal and care aspects of the client. Each client's situation is evaluated individually and a plan is developed to meet their needs. Our services include estate*

A network of nine organizations who provide information and assistance recognize that finding help can be challenging, they seek to help reduce the stress and confusion to the senior and provide one common symbol and access point. Wherever you go in Southwestern Illinois there is an organization that can provide Answers on Aging and they are located in the following Counties.

❖ *Bond County
Senior Citizens Center
618-664-1465*

❖ *Clinton County
Senior Services
618-594-2321*

❖ *Madison Collinsville Area
Ministerial Assn.
618-344-8080
Senior Services Plus
618-465-3298*

❖ *Monroe Western Egyptian
Waterloo Senior Center
618-939-8880*



Answers on Aging Network

Reliable Support From People Who Care

1-800-326-3221

❖ *Randolph Western Egyptian
Chester Senior Center
618-939-8880*

❖ *St. Clair Christian
Home Care Services
618-537-9590
Clyde C. Jordan
Food Bank
618-293-6700*

❖ *Washington County
Senior Services
618-243-6533*



Southwestern Illinois Visiting Nurse Association

Committed To Caring For Others For 90 Years!

**If You Or Someone You Know Could
Use Help At Home, Trust SIVNA**

Skilled Nursing

RNs/LPNs
Medical Social Worker
Physical/Speech/Occup. Therapy
Wound Care/Ostomy Care

HouseCalls

Nurse Practitioner and/or
Physician come to you if you're
unable to get to a physician.

Services for Seniors

Assessment and connections to
services to address weaknesses
and build upon strengths to assist
seniors in remaining safe and
independent.

Most services covered by Medicare, Medicaid or Private Insurance

7 Executive Woods • Swansea, IL • 618-236-5800

GERIATRIC CARE & CASE MANAGEMENT Continued - Illinois

planning and Elder law, wills, living trusts, powers of attorney, probate, guardianships, life care planning and long term care/Medicaid Planning. In addition we offer assistance with obtaining and advocating for the highest quality care in the most appropriate setting for the client.

Hours: Mon. to Fri., 9:00am to 5:00pm

Fees: Please contact office

Human Support Services

Phone: 618-939-4444, 618-939-2043

Fax: 618-939-4181

988 North Illinois Route 3, Waterloo, IL 62298

Email: hss@htc.net

Website: www.hss1.org/index.htm

Counties Served: Monroe

Description: This agency offers a variety of services such as case management, support groups, crisis intervention services, professional counseling services, youth services, substance abuse alternatives, DUI services, and substance abuse prevention services.

Hours: Monday, Tuesday, and Thursday 8:00am to 8:00pm;

Wednesday and Friday 8:00am to 5:00pm

Fees: Depends on which services are being used

Illinois Department of Human Services

Phone: 618-257-7400, 618-257-7422

Fax: 618-257-7408

1220 Centerville Ave., Belleville, IL 62220

Website: www.dhs.state.il.us

Counties Served: St. Clair

Description: This office offers several different services such as: alcoholism and substance abuse services and programs, developmental disability services and programs, mental health services, aid to the aged, blind, or disabled program, rehabilitation services, and many more services are available.

Hours: Monday to Friday, 8:30am to 5:00pm

Fees: Depends on which services are being used

Charles W. Lajoski, D.O.

Phone: 618-526-7271

Fax: 618-526-8248

9401 Holy Cross Lane, Suite 113, Breese, IL 62230

Email: bkuhl1@charterinternet.com

Counties Served: Clinton

In Business Since: 2006

Hours: Monday, Tuesday, Thursday & Friday 9:00am - 5:00pm

Fees: Medicare accepted

Memory Disorder Diagnostic Program

Phone: 618-463-7895

Fax: 618-463-7896

Alton Memorial Hospital,

915 East Fifth Street, Alton, IL 62002

Counties Served: Madison, Macoupin, Bond, Clinton

Description: Provides a diagnostic evaluation and plan of care program for those experiencing memory problems.

Programs and Services for Older Persons

Phone: 618-234-4410

Fax: 618-234-8634

201 N. Church St., Belleville, IL 62220

Email: vicki.rose@swic.edu

Website: swic.edu/psop

Counties Served: Madison, Monroe, Randolph, St. Clair

In Business Since: 1973

Description: PSOP is a one-stop for senior services, to include: caregiver information and counseling, companionship, respect care, computer training, recreational activities, employment referrals, housing assistance, intergenerational programs, transportation and volunteer opportunities.

Hours: Monday to Friday, 8:00am- 4:30pm **Fees:** No charge

SIU School of Medicine Memory and Aging Network

Phone: 217-545-8249

Fax: 217-545-1903

P.O. Box 19643, Springfield, IL 62794-9643

Email: gkyrouac@siumed.edu

Website: www.siumed.edu/alz

Counties Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

In Business Since: 1986

Description: The Southern Illinois University School of Medicine Memory and Aging Network, headquartered in Springfield, Illinois, provides memory and aging related services in 93 rural and downstate Illinois counties. Services may include clinical memory and cognition assessments for individuals, counseling and referral services for individuals and families and community-based education.

Hours: Monday to Friday, 8:00am - 4:30pm **Fees:** Varies

Southwestern Illinois Visiting Nurse Association

Phone: 618-236-5863, 800-642-5429,

24 Hour Hot Line 866-800-1409

Fax: 618-236-5859

7 Executive Woods, Swansea, IL 62226-2016

Email: mike@sivna.com

Website: www.sivna.com/

Counties Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

Description: The agency offers investigation services on reported abuse. Clients will have their own case worker and they will be monitored and connected with services. Other services offered include: case management, CCP case management, homemaker services, nutrition counseling, respite in-home, elder abuse and neglect, circuit breaker, and CCP nursing home prescreen.

Hours: Mon. to Fri., 8:00am to 4:00pm

Fees: Depends on which services are being used

St. Clare's Hospital of St. Anthony's Health Center

Phone: 618-463-5683

915 East 5th Street., Alton, IL 62002

Counties Served: Madison

Description: Memory assessment.